

Pampered Camper

Sugar Lip Scrubs

Ingredients:

2 Tablespoons Sugar
1 Tablespoon Olive Oil
½ Teaspoon Honey
Few Drops of Essential Oil or Vanilla Extract

1. Mix all ingredients together until it is thick and not runny. You can add more sugar if you need to.
2. Wet lips with warm water, use some of your lip scrub and gently exfoliate your lips.
3. Wash with warm water.

Cocoa Honey Hydration Mask

Ingredients:

¼ Avocado
1 Tablespoon Cocoa Powder
1 Tablespoon Honey

1. Mash ¼ of an avocado in a bowl.
2. Stir in 1 tablespoon of cocoa powder and 1 tablespoon of honey.
3. Mix well.
4. Apply mask to a clean face, wait for 10 min.
5. Wash off with warm water and moisturize.



Banana Face Mask

Ingredients:

½ Banana
1 Tablespoon Orange Juice
1 Tablespoon Honey

1. Mash ½ of a banana in a bowl.
2. Mix 1 tablespoon of orange juice and honey.
3. Apply mask to face (lumps are fine).
4. Keep mixture on for 15 minutes.
5. Rinse with lukewarm water and moisturize.

Breakfast Mask

Ingredients:

1 Egg Yolk
1 Tablespoon Honey
1 Tablespoon Olive Oil
½ Cup of Oats

1. Combine egg yolk with 1 tablespoon of Honey and Olive Oil.
2. Add ½ cup of Oats.
3. Stir well.
4. Apply to face and set for 15-20 min.
5. Rinse with lukewarm water and moisturize.

