



Where Girls Grow Strong



**Taste of Girl Scouts**

**recommended grades:**  
**Pre-k-2**





**Kindergarten Day Kits: Fun with Friends**

As new kindergartners, girls will begin to see themselves as a unique individual who has her own abilities, emotions, and interests. Girls will take flight to explore places with their imagine and imagine themselves as new kindergartners!

<b>FUN WITH FRIENDS</b>	<b>OUTCOME: LANGUAGE, COMMUNICATION, LITERACY AND SOCIAL AND EMOTIONAL DEVELOPMENT</b>	
<p><b>OBJECTIVE:</b> This session is inspired by the <b>Girl Scout Daisy Vi Petal:</b> Be a sister to every girl scout. Girls will:</p> <ul style="list-style-type: none"> <li>• Practice following instructions</li> <li>• Cooperative play with other children</li> <li>• Learn about belonging to a group and being a sister to every girl scout</li> </ul>		
<b>Activity Plan Length 45 minutes</b>		
<b>TIME</b>	<b>ACTIVITY</b>	<b>MATERIALS NEEDED</b>
5 minutes	Opening Activity - Promise	None
10 minutes	I'm a Girl Scout Daisy Song	None
15 minutes	Butterfly Craft	Coffee Filters, pipe cleaners, markers, spray bottle
10 minutes	Butterfly Flight	Savannah, GA and Juliette Gordon Low Museum print out
5 minutes	Wrap-up – Sing Make New Friends	None

<b>1. Opening Activity: INTRODUCTION</b>	Time: 5 minutes
<b>Materials Needed:</b> None	
<b>WELCOME GIRLS</b>	
<p>Greet each girl.          Introduce yourself and your council.          Explain that you'll be helping them get ready for Kindergarten.          Explain what girls will be doing and how long the session will be.          Ask if girls have any questions.</p>	
<b>GIRL SCOUT PROMISE</b>	
<p>Explain that a promise is when you agree to do something. Girl Scouts start every meeting by saying the Girl Scout Promise.</p>	
<p><b>Girl Scout Promise</b>          On my honor, I will try:          to serve God and my Country,          to help people at all times,          and to live by the Girl Scout Law</p>	<p><b>La Promesa</b>          Por mi honor yo trataré          de servir a Dios y a mi patria,          Ayudar a las personas en todo momento          Y a vivir conforme a la ley de las Girl Scouts</p>



<b>2. I'm a Girl Scout Daisy</b>	Time: 10 minutes								
<b>Materials Needed:</b> None									
<b>Purpose:</b> Help the girls follow directions and participate in a group activity.									
<b>WHAT TO DO:</b>									
<p><b>Share</b> with girls that they're going to be learning a song that many Girl Scouts sing at camp, meetings, and events. <b>Teach</b> the girls <i>I'm a Girl Scout Daisy</i> using the "<a href="#">repeat after me</a>" learning technique for each line. You can share the screen with the families.</p> <p><b>Here is a sample script for this song:</b>          Volunteer: "Today I am feeling happy because you all get to be Girl Scout Daisies, so I am going to teach you one of my favorite songs, <i>I'm a Girl Scout Daisy</i>. I would love to share it with you.</p> <p><b>I'm a Girl Scout Daisy</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; padding: 5px;">I'm a Girl Scout Daisy, take a look at me.</td> <td style="width: 50%; padding: 5px;">I'm a Girl Scout Daisy, take a look at me.</td> </tr> <tr> <td style="padding: 5px;">I'm a Girl Scout Daisy, happy as can be.</td> <td style="padding: 5px;">I'm a Girl Scout Daisy, happy as can be.</td> </tr> <tr> <td style="padding: 5px;">Having fun and sharing, each and every day.</td> <td style="padding: 5px;">I'm going on a journey with friend along the way!</td> </tr> <tr> <td style="padding: 5px;">I'm a Girl Scout Daisy. Hip! Hip! Hurray!</td> <td style="padding: 5px;">I'm a Girl Scout Daisy. Hip! Hip! Hurray!</td> </tr> </table> <div style="display: flex; align-items: center; margin-top: 10px;">  <p>scan the code to learn the song!</p> </div>		I'm a Girl Scout Daisy, take a look at me.	I'm a Girl Scout Daisy, take a look at me.	I'm a Girl Scout Daisy, happy as can be.	I'm a Girl Scout Daisy, happy as can be.	Having fun and sharing, each and every day.	I'm going on a journey with friend along the way!	I'm a Girl Scout Daisy. Hip! Hip! Hurray!	I'm a Girl Scout Daisy. Hip! Hip! Hurray!
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<b>3. Butterfly Craft</b>	Time: 15 minutes
<b>Materials Needed:</b> Coffee filters, washable markers, pipe cleaners, spray bottle, water	
<b>Purpose:</b> Practice following instructions and engaging in cooperative play	
<b>WHAT TO DO:</b>	
<p><b>ASK</b> the girls to join you at a table and roll up their sleeves so their clothes don't get dirty. Then <b>SHOW</b> them how to create their butterflies! <b>ENCOURAGE</b> the girls to draw lines, squiggles, and dots, and to leave a lot of space on the coffee filter. Do NOT color the whole filter in.</p> <ul style="list-style-type: none"> <li>• Flatten out the coffee filters a little and place them one on top of the other. They don't have to be perfectly flat, just flat enough that you can color them.</li> <li>• Color your creative designs onto the coffee filters. You'll be coloring on 2 layers, and some of the marker will leak through to the bottom coffee filter.</li> <li>• Fold each one back and forth, accordion style, in about 1/2" folds.</li> <li>• Put the two folded strips on top of each other.</li> <li>• Twist a pipe cleaner around the middle so that the two ends point upwards in a big letter "V". Trim the ends to make them even if you need to.</li> <li>• Next, pinch the end of each pipe cleaner and curl it outwards to make a small spiral.</li> <li>• Pull apart the folds in the coffee filter to open them up and shape your butterfly.</li> <li>• Once the butterflies are assembled, spray them with water to watch the colors grow!</li> </ul>	



<b>4. Butterfly Flight</b>	Time: 15 minutes
<b>Materials Needed:</b> Photos of Juliette Gordon Low House and Savannah, GA	
<b>Purpose:</b> Practice following instructions and engaging in cooperative play	
<b>WHAT TO DO:</b>	
<b>Tell</b> the girls they are going on a butterfly adventure around the world and that this activity is inspired by one of the Daisy Petals [Show a Daisy vest with petals].	
<b>Ask</b> girls to sit in a “butterfly” position with their bottoms on the floor, placing the bottoms of their feet together with knees opened outward, hands on their ankles, and backs straight. [NOTE: If girls cannot sit on in Butterfly position, adapt this activity so that their arms become wings!]	
<b>Begin</b> the flight by fluttering your arms and knees up and down like a butterfly. You can shift your weight right or left while holding on to your ankles to “turn”. Lead the girls as they get used to “flying” and “turning”. Be aware that some girls may have different movement abilities and adapt this activity as needed.	
<b>Lead</b> the girls in “flying” to their first stop in Savannah, GA, the birthplace of Juliette Gordon Low (the woman who started the Girl Scouts.) Tell the girls this is the place where Girl Scouts first started. Tell the girls what you see in Savannah. Point out the cobblestone streets and trees with Spanish moss. After talking with the girls about Savannah, “fly” to a new destination chosen by one of the girls.	
<b>Ask</b> the girls where they would like to “go” today? After each girl answers, “fly” and “turn” together as a group to that destination. Ask the girls what kinds of things they would see at these destinations. If girls are struggling with a location, suggest locations since the mountains, a lake, a desert, etc.	
<b>REFLECT:</b>	
<b>Guide</b> a short conversation about the flight. Consider questions such as:	
<ul style="list-style-type: none"> <li>• I love flying. Do you like flying?</li> <li>• What sorts of things did you see when we were flying over a city like Savannah, GA?</li> <li>• Was it fun to see where your friends wanted to fly to?</li> </ul>	

<b>5. Optional Activity: Kindergarten Excitement</b>
<b>Materials Needed:</b> None
<b>Purpose:</b> Learn about belonging to a group, and being a sister to every Girl Scout
<b>WHAT TO DO:</b>
<b>Say</b> “As we wrap up, we know you may be having many feeling as you head into Kindergarten.”
<b>Ask</b> the girls to share one by one what their feelings about Kindergarten are like:
<ul style="list-style-type: none"> <li>• What are you excited about?</li> <li>• What are you nervous about?</li> <li>• How will you be friendly and kind?</li> </ul>



<b>6. Friendship Circle</b>	Time: 5 minutes
<b>Materials Needed: None</b>	
<b>Purpose:</b> Thank girls and wrap up the meeting	
<p><b>WHAT TO DO:</b></p> <p>Thank girls and caregivers for attending. Remind them of the things they learned including:</p> <ul style="list-style-type: none"> <li>• Connecting happy feelings with an experience through the song I’m a Girl Scout Daisy</li> <li>• Using our creativity to imagine we were flying to various places.</li> <li>• Girl Scouts have meetings just like the one we had today where we learn, play and try new things with our friends.</li> </ul> <p><b>CLOSING CEREMONY</b></p> <p><b>Explain</b> that every Girl Scout meeting ends in a special way, by singing <i>Make New Friends</i>.</p> <p><b>Teach</b> the girls Make New Friends using the “repeat after me” learning technique for each line.</p> <p><b>Sing</b> it once as repeat after me and then all together.</p> <p style="text-align: center;">             Make new friends, but keep the old.              One is silver, and the other’s gold.              A circle’s round, it has no end.              That’s how long I want to be your friend!         </p>	



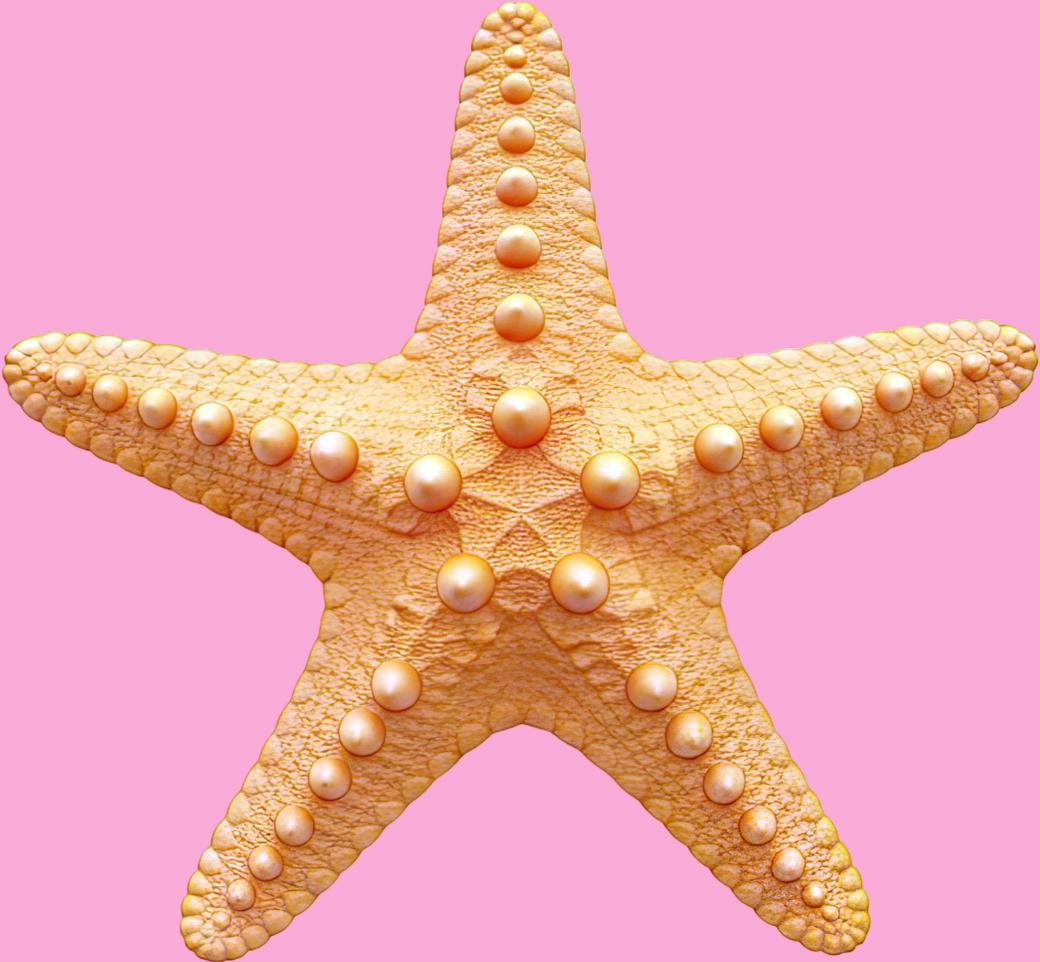
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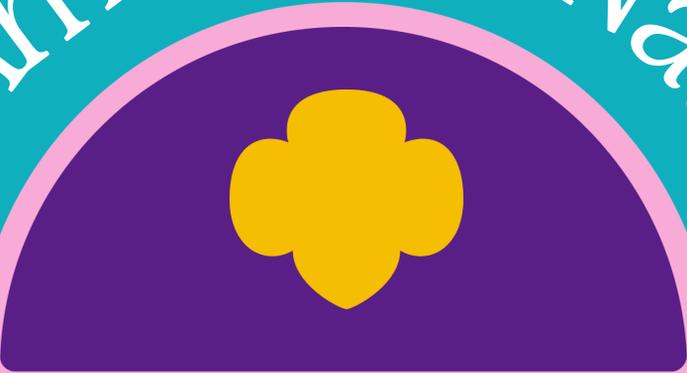
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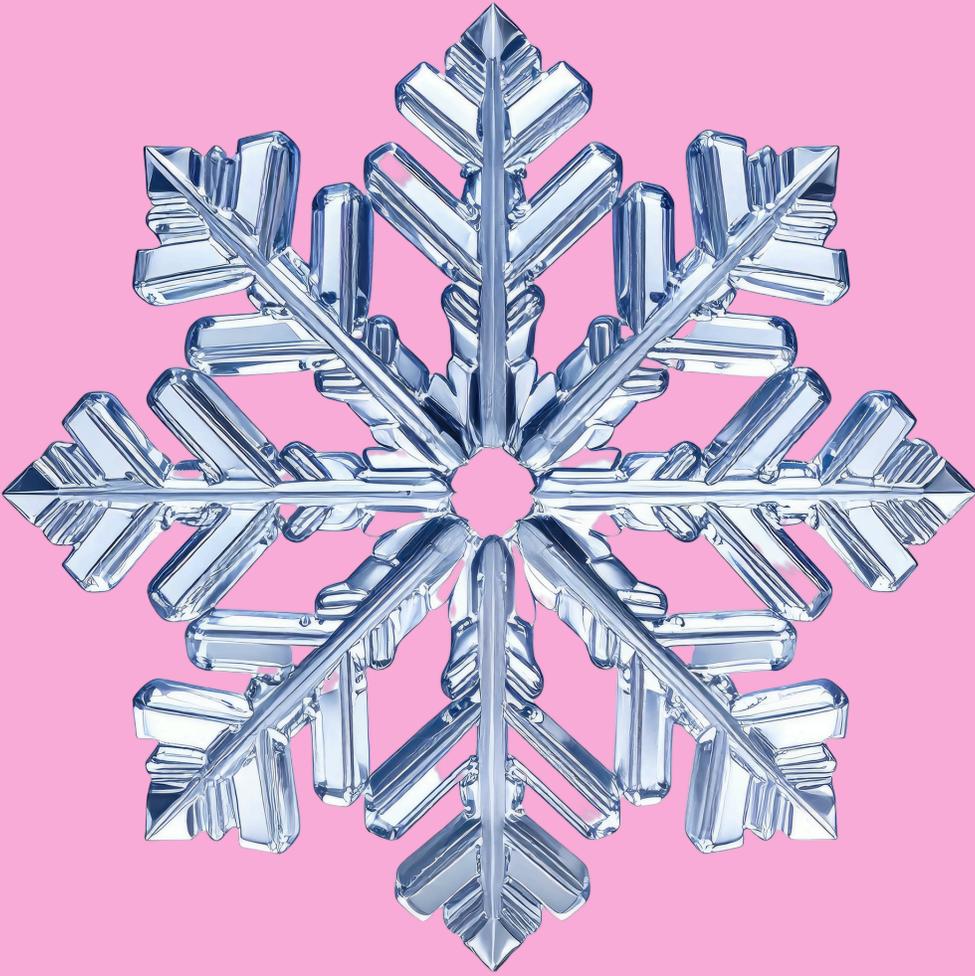
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