



## GSHH Hispanic Heritage Patch

Below are the requirements by age level that can be completed individually or a troop activity. Once requirements for each level have been completed, you can purchase the Hispanic Heritage Patch by adding it to your [order form](#).

We understand how busy life gets. We have included a few online resources to help girls complete the patch requirements.

### Requirements:

- 🌿 Girl Scout Daisies choose and complete at least two activities.
  - 🌿 Girl Scout Brownies choose and complete at least three activities.
  - 🌿 Girl Scout Juniors choose and complete at least four activities.
  - 🌿 Girl Scout Cadettes, Seniors and Ambassadors choose and complete at least six activities.
1. Learn how to dance one of the many Latino dancing styles (salsa, mambo, merengue, rumba, bachata, bomba and plena). Where did this dance originate? What cultures influenced this dance? Learn about these dances or ask someone you know.
  2. What is a Guatemalan Worry Doll? Create your own Worry Doll and learn the history.
  3. Hispanic Heritage Month begins on Sept. 15, the anniversary of independence for five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. Mexico declared its independence on Sept. 16 and Chile on Sept. 18. Learn about the independence story of one of these countries.
  4. Learn at least six words or phrases in Spanish. Compared to English – are they similar, different?
  5. Make a traditional Latin dish. Use the link below to Mamas Latina website for food from 21 Latin countries. Share a photo of your finished dish by email to [jrodulfo@girlscoutshh.org](mailto:jrodulfo@girlscoutshh.org)
  6. Did you know one of our Girl Scouts World Centers, Our Cabana is in Mexico? Visit the website for World Association of Girl Guides and Girl Scouts, (WAGGGS) [www.wagggs.org](http://www.wagggs.org) Learn about Spanish speaking countries and when did they established their first Girl Scouts/Guides troop.
  7. Research or order take out from a restaurant that serves Latin food and try something new. (Mexican, Colombian, Dominican, Ecuadorian, Peruvian, etc...)
  8. Research the history of the art of Piñata making? And create one yourself.
  9. Learn and research how many countries make up Latin America and name their capitals.
  10. Learn the history of the Peruvian Zampoña pan flute and create your own.

### Online Resources:

KinderArt: <https://kinderart.com/art-lessons/music/zamponas-panpipes/>

Mexico Child Link: <http://www.mexico-child-link.org/Pinata-Mexico.htm>

World Association of Girl Guides and Girl Scouts: [www.wagggs.org](http://www.wagggs.org)

Mamas Latina: [https://mamaslatinas.com/food-home/10ry6907-hispanic\\_heritage\\_month\\_21\\_recipes](https://mamaslatinas.com/food-home/10ry6907-hispanic_heritage_month_21_recipes)

Tinyfry: <https://www.tinyfry.com/make-worry-doll/>