

Volunteer Essentials

2026–2027



girl scouts 
heart of the hudson



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Welcome!

As a volunteer, you're not just helping—you're inspiring. You're a builder of community, a mentor, and a joyful guide who leads with kindness. Thanks to you, Girl Scouts of all ages will dream big, explore boldly, and make a real difference in the world. We're so glad you're here!

What's Inside?

This guide is designed to support you as a Girl Scout volunteer. From Girl Scout basics to managing your troop, we've got you covered! You can use the links in the Table of Contents to go directly to each section. Are you a new troop leader? We have a resource designed especially for you. Plus, Girl Scout Heart of the Hudson staff and council volunteer trainers are ready to help throughout your first year and beyond!

Girl Scouts Heart of the Hudson, Inc.

www.girlscoutshh.org

Serving Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, and Westchester Counties.

Member Care: membercare@girlscoutshh.org Phone: (855)-232-GSHH (4744)

Girl Scouts Heart of the Hudson [Volunteer Partnership Handbook](#) – your go to reference for GSHH Policies, Procedures and More!

Administrative Office and Girl Scout Program Center,
Westchester County
(855)-232-GSHH (4744)

119 Highland Avenue, Eastchester, NY 10709

New Rochelle Program Center and Retail Shop
(855) 232-4744 ext. 730

971 North Ave, New Rochelle, NY 10801

New City Retail Shop
(855) 232-4744 ext. 42

87 Maple Ave, New City NY 10956

Wappingers Falls Retail Shop
(855) 232-4744 ext. 118

1488 Route 9, Suite 3, Wappingers Falls, NY 12590

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Councils: Replace placeholder QR code with QR to your Volunteer Essentials landing page on your council site.

← SCAN QR CODE TO VIEW VIA WEBSITE





Girl Scouts' dreams are our dreams. A Girl Scout builds a better world—just as Girl Scouts have been doing for over a century. With programs coast-to-coast and around the globe, everyone can find their place in Girl Scouts and start creating the world they want to see.

Girl Scout Volunteers

Girl Scout volunteers make up a dynamic and diverse group. Whether you're a recent college graduate, parent, retiree, or, really, anyone—of any gender, who is 18 years or older and has passed their council's screening process—with a sense of curiosity and adventure, your unique skills and experiences have the power to change lives. With you as their mentor, Girl Scouts will grow and thrive.

Girl Scout members and volunteers are united by the values in the [Girl Scout Promise and Law](#) and their shared commitment to embrace leadership in all forms. Each member agrees to follow Girl Scouts' safety guidelines and pay annual membership dues. Volunteers and adults also have the option to purchase a [lifetime membership](#).

Girl Scout Grade Levels

Young people can join Girl Scouts at any point from kindergarten through twelfth grade.

- [Girl Scout Daisy](#) (grades K–1)
- [Girl Scout Brownie](#) (grades 2–3)
- [Girl Scout Junior](#) (grades 4–5)
- [Girl Scout Cadette](#) (grades 6–8)
- [Girl Scout Senior](#) (grades 9–10)
- [Girl Scout Ambassador](#) (grades 11–12)

Inclusion

Girl Scouts has a strong commitment to diversity and inclusion, and we welcome and embrace individuals of all abilities and backgrounds in our wonderful sisterhood.

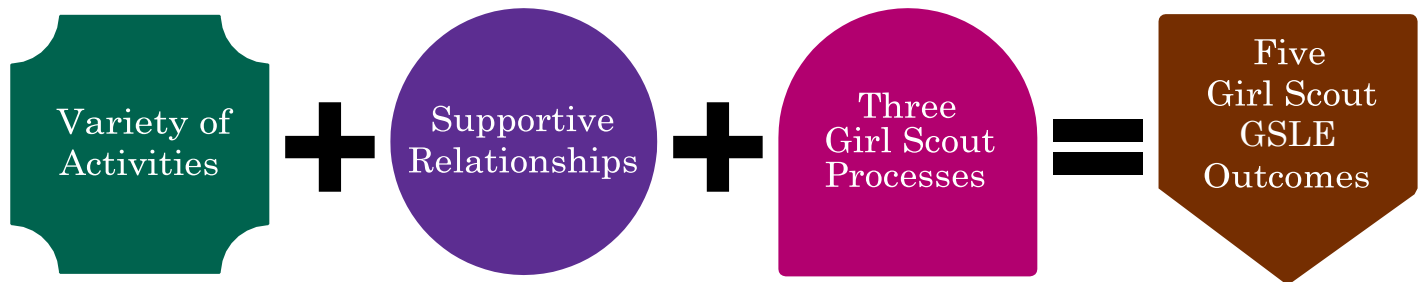
Inclusion is at the core of who we are; it's about being a sister to every Girl Scout and celebrating our unique strengths. This means that each Girl Scout needs to be able to feel seen for who they are and what they bring to the group.

Part of the important work you'll do as a volunteer is modeling friendship and compassion for your Girl Scouts, and showing them what it means to practice empathy. By treating all Girl Scouts with kindness and respect, you can nurture an inclusive troop environment.

A critical component of inclusion is ensuring everyone can participate in Girl Scout activities. When scheduling, planning, and carrying out activities, carefully consider the needs of everyone involved, taking into account school schedules, family needs, financial constraints, dietary requirements, religious holidays, and the accessibility of transportation and meeting places.



The Girl Scout Leadership Experience (GSLE)



Regular meetings / activities | Emotionally & physically safe space | Girl Scout traditions

The Girl Scout Leadership Experience (GSLE) is our research-based impact model that describes what members do in Girl Scouts, who they do it with, how they do it, and how they benefit. When planning your year, make sure you're implementing all parts of the GSLE regularly.

The Girl Scout Leadership Experience was designed to include a **variety of fun and challenging activities** to help Girl Scouts learn, grow, and thrive. These include activities associated with:

- National Program Portfolio (badges, awards, and patches)
- Outdoor and camping experiences
- Community service and Take Action projects
- Field trips and events
- Girl Scout Cookie Program

The GSLE also emphasizes **supportive relationships**, seen in how volunteers care for the Girl Scouts they lead—encouraging their creative thinking, honoring inclusion, and nurturing a safe space overall. As a result, Girl Scouts develop positive relationships with their peers and feel a sense of belonging. When Girl Scouts feel supported and safe, they're more likely to achieve the five GSLE outcomes described below and, ultimately, reflect the Girl Scout mission.

The Girl Scout Leadership Experience draws on **three unique processes** that encourage Girl Scouts to try new things, write their own stories, and develop the skills and confidence to say, "I know I can do this!"

- **Girl-led.** Girl Scouts take the lead, no matter their age. From selecting badges to organizing activities, they gain confidence while following their dreams.
- **Learning by doing.** Participatory activities are fun for members of any age, but they also help Girl Scouts feel empowered to shape their own experience.
- **Cooperative learning.** Girl Scouts experience firsthand that teamwork, respect, and collaboration can fuel them through any challenge that comes their way.

As a volunteer, you'll draw on these three processes as you lead Girl Scouts!

Naturally, "girl-led" at the Daisy level will look very different from girl-led at the Ambassador level. What's most important is that your Girl Scouts make decisions about the activities they'll do **together** and make choices as they're doing the activities **together**. As they learn from their successful and not-so-successful tries, they gain confidence.

All Girl Scouts should have the opportunity to lead within their peer group. By the time they're Cadettes, Seniors, and Ambassadors, they'll be using the leadership skills they've developed to take on more ownership of their activities, mentor younger Girl Scouts, and take action to make the world a better place.

And finally, when a variety of activities, supportive adults, and the three Girl Scout processes are combined, Girl Scouts demonstrate the **five GSLE outcomes**:



- **Strong sense of self.** Girl Scouts have confidence in themselves and their abilities and form positive identities.
- **Positive values.** Girl Scouts act ethically, honestly, and responsibly, and show concern for others.
- **Challenge seeking.** Girl Scouts learn to take appropriate risks, try things even if they might fail, and learn from mistakes.
- **Healthy relationships.** Girl Scouts develop and maintain healthy relationships by communicating their feelings directly and resolving conflicts constructively.
- **Community problem solving.** Girl Scouts desire to contribute to the world in purposeful and meaningful ways, learn how to identify problems in the community, and create “action plans” to solve them.

One last tip: Tuning in to what interests your Girl Scouts and sparks their imaginations is much more important than completing all the activities on your list. Projects don’t have to come out perfectly—in fact, it’s a valuable learning experience when they don’t—and Girl Scouts don’t have to fill their vests and sashes with badges. What matters most is the fun and learning that takes place as they make experiences their own—so don’t be afraid to [step back and let your Girl Scouts take the lead](#).

To learn more about the Girl Scout Leadership Experience, view our training on [gsLearn](#).

Reflection

Reflection is the necessary post-activity debrief that reinforces what’s been learned and gives Girl Scouts the confidence they need to make connections between the activities your troop tries and future challenges they might face.

Keep in mind that reflection doesn’t need to be a formal process, though you can kick-start the conversation with three simple questions: 1) What? 2) So what? and 3) Now what?

First, go over the “what” of the activity. For example, ask:

- What did we do today?
- What part was your favorite?
- If we were to do it again, what would you want to do differently? What would you want to repeat?

Next, move to the “so what?” You might ask:

- So, what did you learn by doing this activity?
- What did you learn about yourself?
- What did you learn about your community (or environment, school, etc.) that you didn’t know before?
- Why do you think this activity was important?
- What key learning can we take with us?

For the “now what?” say something like:

- Now that we’ve done this, what would you like to do next?
- Now that you know [thing learned] about yourselves, what would you like to try next?
- Now that we’ve completed this Take Action project, what could we do to make sure it continues to have impact?
- Given this experience, what’s more of a priority to you now?
- What are you curious to learn more about?
- Where would you like to go?
- Who would you like to meet?

This form of reflection, or however you choose to reflect with your Girl Scouts, is a powerful component of the Girl Scout Leadership Experience. It helps girls carry with them what they’ve learned throughout the rest of their lives.

Progression

Girl Scout programming grows with girls! While some activities—like outdoor adventures or learning business skills—are part of every Girl Scout grade level, each group experiences them in their own way. Brownies and Juniors won’t be doing the same things as Seniors and Ambassadors, but with your support, they’ll be ready when the time comes.

At Girl Scouts, progression is key, whether girls are camping, on a troop trip, or running their cookie businesses through the cookie program. Our programming is designed to build confidence and skills year after year, helping girls feel excited to try new things and take on bigger challenges. As a volunteer, you’ll help create a safe, supportive space where girls can explore, make mistakes, and grow—every step of the way.



The Girl Scout Program: National Program Pillars

Girl Scouts' four program pillars—STEM, Life Skills, Outdoors, and Entrepreneurship—form the foundation of the Girl Scout program.

1. **STEM.** Girl Scouts are naturally curious and have a strong desire to help others. Whether they're building a robot, developing a video game, or studying the stars, Girl Scouts become better problem-solvers and critical thinkers through STEM (science, technology, engineering, and math) and gain the confidence to turn their ideas into breakthrough inventions to help others.
2. **Life Skills.** Girl Scouts' life skills programming equips girls with practical skills and tools that foster financial literacy, civic engagement, and community service. It's programming that helps them discover that they have what it takes to raise their voices as community advocates, make smart decisions about their finances, and form strong, healthy relationships—skills that inspire them to accept challenges and overcome obstacles, now and always.
3. **Outdoors.** Girl Scouts have been building outdoor confidence and skills for over 100 years! They do this through a variety of outdoor adventures like camping and nature-focused badge work that have them spending time outdoors and developing a lifelong appreciation of nature. This appreciation sparks Girl Scouts' desire to take action as environmental stewards in their community and beyond.
4. **Entrepreneurship.** Starting with the iconic Girl Scout Cookie Program and including Girl Scouts' fall product program and a series of entrepreneurship badges, this pillar instills and nurtures an entrepreneurial mindset in girls. It fuels their curiosity and confidence as they learn the essentials of running their own businesses and how to think like entrepreneurs.

Important Differences: Patches, Badges, and Awards

Patch, badges, and awards are designed to give Girl Scouts different leadership-building experiences, all while they have fun!

- **Patches** are about sparking interest. Often called fun patches or participation patches, Girl Scouts receive them for participating in a special event or activity, like troop activities, events or activities that are part of council-sponsored programs... It could even be a trip to the zoo. Patches are worn on the back of a Girl Scouts' uniform.
- **Badges** are about skill building. When a Girl Scout earns a badge, it shows they've learned a new skill, such as how to make a first aid kit, build and test a toy race car, or take great digital photos. Badges may even seed a future career. Badges are worn on the front of a Girl Scout's uniform.
- **Awards** are about deepening understanding. Whether they're focused on leadership, service, or earning the Bronze, Silver, or Gold Award (Girl Scouts' Highest Awards), by earning an award, Girl Scouts show their commitment to growth and making a meaningful impact. Awards are often pins and worn on the front of a Girl Scout's uniform.
- Although they may start building their leadership skills in school and on sports teams, research shows that the **courage, confidence, and character** Girl Scouts develop stays with them throughout their lives.

Discover, Connect, Take Action

- What girls *do* in Girl Scouting fits within three keys: **Discover, Connect, and Take Action.**
- When Girl Scouts do exciting badges, leadership awards or go camping you are helping them *discover* who they are, what excites them, and what their talents are.
- Girl Scouts *connect* when they collaborate with others—their troop, leaders, or community experts—expanding their horizons. This helps them care about, support, inspire, and team up with others locally and globally.
- With your guidance, Girl Scouts will deepen their relationship with the world. They'll be eager to *take action* to make the world a better place.



Other Important Differences: Community Service and Take Action Projects

As your Girl Scouts look for meaningful ways to give back to their community, you can help sharpen their problem-solving skills and expand their definition of doing good by discussing community service and Take Action projects. [Both projects address essential needs, but at different levels.](#)

- When a Girl Scout performs community service, they're responding to an immediate need in a one-off, "doing for" capacity. In other words, they're making an impact *right now*.
- Through Take Action/service learning, Girl Scouts explore the root causes of a community need and address it in a lasting way; they truly make the world—or their part of it—a better place.

If your troop members want to pursue their Bronze, Silver, or Gold Award, they'll develop a Take Action project on an issue that's close to their hearts. To make Take Action projects even more impactful for your Girl Scouts, set aside time for them to reflect on their projects. When they take time to internalize the lessons they've learned, they're more likely to find success in future projects—or in anything else they put their minds to.

Traditions, Ceremonies, and Special Girl Scout Days

Time-honored traditions and ceremonies unite Girl Scout sisters and the millions of Girl Scout alums who came before them—across the country and around the globe—and remind them how far their fellow trailblazers have come and just how far they'll go.

A few of those extra special days, when you're encouraged to turn up the celebrations, include:

- Juliette Gordon Low's birthday, or Founder's Day, on October 31, which marks the birth in 1860 of [Girl Scouts of the USA founder Juliette Gordon Low](#) in Savannah, Georgia.
- [World Thinking Day](#), February 22, celebrating international friendship. This is an opportunity for Girl Scouts and Girl Guides to connect with one another and explore a common theme around the world.
- Girl Scouts' birthday, March 12, commemorating the day in 1912 when Juliette Gordon Low officially registered the organization's first 18 girl members in Savannah, Georgia.

At Girl Scouts, we embrace our rich cultural legacy. Whether they're working on a new badge, making new friends, or closing meetings with a friendship circle, your troop can learn and incorporate [traditions, ceremonies, and special Girl Scout days](#)—which are a few of the ways we remember and honor our long and cherished history.

Know that we continually review Girl Scout norms and traditions to ensure they're relevant and inclusive. At times this may lead to our modifying or discontinuing traditions to make way for new ones.



Highest Awards

The Bronze, Silver, and Gold Awards honor Girl Scouts who become forces for good and create a lasting impact in their communities, nationally, and around the world.

As your Girl Scouts discover the power of their voices, they may want to take on an issue that's close to their hearts and meaningful to them. Encourage them to turn their ideas into reality by pursuing Girl Scouts' Highest Awards.

- The [Girl Scout Bronze Award](#) can be earned by a group of Juniors.
- The [Girl Scout Silver Award](#) can be earned by Cadettes, either individually or in a small group.
- The [Girl Scout Gold Award](#) can be earned by Seniors and Ambassadors. Girl Scouts work individually to earn this award.

Every Girl Scout can earn our Highest Awards. Learn [how to get started!](#)

Girl Scout Travel

Girl Scouts love to explore—and travel is a big part of that adventure! Whether it's a local field trip or a journey across the globe, Girl Scout travel is special because the girls take the lead. They decide where to go and what to do, and they take on more responsibility as they grow, building lifelong skills along the way. From short outings to international trips or council-led [Destinations](#), these experiences help Girl Scouts gain confidence, learn to plan, and discover the world in exciting new ways. Field trips and overnight adventures bring learning to life—connecting badge work to real-world experiences like exploring new cuisines, budgeting for a trip, and diving into nature.

Want to add a special Girl Scout touch? Consider visiting the Juliette Gordon Low Birthplace in Savannah or one of the WAGGGS World Centers around the globe. Many councils also offer camps that troops can rent—perfect for staying local or going far! As your troop plans its next journey, your role is to guide and cheer Girl Scouts on—not do the work for them. Share ideas, ask thoughtful questions, and support their decisions with enthusiasm. With your encouragement, they'll build confidence and create unforgettable memories!



Planning Overnight Adventures **Safety First**

Girl Scout travel starts with day trips. Learn more through the [Field Trips & Travel course](#) on gsLearn or by reviewing our [Day Trips Checklist](#).

Contact membercare@girlscoutshh.org as soon as you start thinking about planning an overnight trip to find out more about the [GSHH](#) approval process. We have training programs to boost your confidence as a chaperone.

Not sure where to begin? Check out the [Girl Scout Guide to U.S. Travel](#). This resource is designed for Juniors and older Girl Scouts who want to take extended trips—that is, longer than a weekend—but also features tips and tools for budding explorers who are just getting started.

Once Girl Scouts have mastered planning and embarking on trips in the U.S., they might be ready for a global travel adventure! Global trips usually take a few years to plan, and the [Girl Scout Guide to Global Travel](#) can guide you through the entire process.

There is a GSHH course **Going Places with Girl Scouts** you can register for on our event calendar.

A Note About Private Property

Please note: **For the safety of members, volunteers, and the organization, Girl Scout troop meetings, activities, and events shall not be conducted in any private residence or on privately owned residential property regardless of ownership or volunteer affiliation. Adherence to this policy supports a safe, inclusive environment for all participants and helps ensure that troop activities remain within the scope of organizational insurance and risk management protections.**

If you're planning any kind of trip—from a short field trip to an overseas expedition—the “Trip and Travel” section of Safety Activity Checkpoints is your go-to resource for safety. Your council may also have additional resources and approval processes that can be found in Safety Activity Checkpoints. The emotional and physical safety and well-being of Girl Scouts is our top priority. [Safety Activity Checkpoints](#) outlines the Standard Safety Guidelines used in Girl Scouting, which apply to *all* Girl Scout activities.

All volunteers should review the *Safety Activity Checkpoints* manual when planning activities with girls in order to manage safety and risk in Girl Scout-sanctioned activities. A [Trip Activity Notification form](#) (TAN) must be filled out for all Girl Scout activities and trips outside of Girl Scouts Heart of the Hudson Council area, for any use of GSHH properties, for all overnight trips AND any activity in *Safety Activity Checkpoints* which indicates that Service Unit or Council Approval is required. The form is due online a minimum of three weeks before the trip takes place.

The Trip Activity notification link:

<https://girlscoutshh.wufoo.com/forms/my4oppt1y0ylmb/> along with an FAQ and a “how to” video can also be found on our website here: <https://www.girlscoutshh.org/en/members-for-volunteers/forms-and-documents.html>

Be sure to follow all the basic safety guidelines, like the buddy system and first aid requirements, in addition to the specific guidelines for travel. You will [learn more about how to use and follow Girl Scouts Safety Activity Checkpoints](#) in the next section.

When in doubt, please reach out to **Member Care** (855) 232-GSHH (4744) or membercare@girlscoutshh.org to be directed to the correct person to answer any questions you might have. Additional insurance Optional Plan 3P is available and is required for international trips.

Troop Management



Your Role as a Girl Scout Volunteer

As a Girl Scout volunteer, you'll embark on your own leadership journey while you help Girl Scouts develop the leadership skills they'll use to make the world a better place. Below are a few basic concepts that outline what leadership means in Girl Scouting.

Leadership is teaching your Girl Scouts:

- That they can do and be anything!
- That they're decision-makers who should own their decisions.
- How to live the Girl Scout Law by modeling it for them.

As a leader, see yourself as a coach who:

- Advises, discusses with, and cheers on your troop, not as a teacher with a planned lesson or activity but as a mentor.
- Ensures each member understands and can carry out their responsibilities within the troop—and gives Girl Scouts more responsibilities as they grow and develop.
- Encourages Girl Scouts to build their skills and develop their ethics.
- Helps Girl Scouts feel seen and included—like they belong.

It's important to remember that:

- You can't know everything your Girl Scouts might ever want to learn.
- You'll explore and learn alongside your Girl Scouts and build your confidence in the process.
- You're not expected to know everything about Girl Scouting, but you should know where to go for information—and to ask for help when you need it.

Your Responsibilities as a Girl Scout Volunteer

- Embrace the Girl Scout Promise and Law.
- Guide and coach Girl Scouts through the Girl Scout Leadership Experience.
- Complete required trainings and follow Girl Scout policies, procedures, and safety guidelines.
- Share your skills and knowledge with positivity and flexibility.

- Partner with your Girl Scouts to ensure activities are girl-led and hands-on.
- Plan fun, interactive activities that reflect Girl Scouts' interests and needs.
- Communicate regularly with troop families using email, phone, social media, or other tools.
- Handle registration forms, permission slips, and other paperwork.
- Manage troop funds responsibly, with honesty and accurate record keeping.
- Stay connected with GSHH, including the Volunteer Engagement Team at training@girlscoutshh.org.
- Nurture a positive and inclusive environment for every Girl Scout.

Planning Your First Troop Meeting

Choosing a Meeting Place

Meeting places should be welcoming to all. This could mean locations that serve diverse populations, are openly inclusive, have diverse staff, and use welcoming language. What makes a great meeting space depends on your troop, but look for spaces that are available and free to use, large enough for your troop activities, and equipped with resources that meet your needs. Also, make sure your space generally accommodates (is accessible to) individuals with physical disabilities who might attend meetings, including troop members and parents/caregivers.

Consider this as a starting point for a conversation with the contact of a potential meeting space:

"I'm a Girl Scout volunteer with a group of [number of members] Girl Scouts. We're doing lots of great things for youth and for the community, like [something your group is doing] and [something else your troop is doing]. We're all about leadership—the kind that Girl Scouts use in their daily lives and the kind that makes our community better. We'd love to hold our meetings here because [reason why you'd like to meet there]." You can also check out the gsLearn course [Your First Troop Meeting](#).

Please note: Girl Scouts Heart of the Hudson prohibits meeting in private homes.

Want more support? Contact your Service Unit Manager or GSHH Community Engagement Team or e-mail membercare@girlscoutshh.org. If your location states that a Certificate of Insurance is required to use the facility for your meeting, contact membercare@girlscoutshh.org with the name, location, and dates and times of your meetings.



Girl Scout Troop Size

The troop size “sweet spot” is large enough to support an interactive and cooperative learning environment and small enough to encourage individual development. Though the ideal troop size is 12 Girl Scouts, we recommend that group membership falls within the below ranges—no smaller than the low end, and no larger than the high end.

- Girl Scout Daisies: 5–12 members
- Girl Scout Brownies: 10–20 members
- Girl Scout Juniors 10–25 members
- Girl Scout Cadettes: 5–25 members
- Girl Scout Seniors: 5–30 members
- Girl Scout Ambassadors: 5–30 members

A Girl Scout troop/group must have a minimum of five Girl Scout youth and two approved adult volunteers. Be sure to double-check the volunteer-to-youth ratio table below to make sure you have the right number of adults present for group meetings, events, travel, and camping.

Adults and youth registering in groups of fewer than five Girl Scout youth and two approved adult volunteers who are not related to each other or in a relationship, at least one of whom is female, will be registered as individual Girl Scouts to accurately reflect their status and program experience. Individual members are always welcome to participate in Girl Scout activities and events.

Virtual Meetings

If your group or troop can’t meet in person, there are many ways to bring the power of Girl Scouting home! Meeting virtually can be a fun and engaging option for your troop. Before setting up a virtual meeting, you’ll want to:

- Partner with troop families to make sure Girl Scouts are safe online.
- Select a meeting platform that allows families who may not have internet access to call in.
- [Think about logistics.](#) Work with your troop to set up ground rules; consider how you will incorporate in-person meeting traditions in your virtual space and how you’ll keep meetings on track.

- Talk with families on [how to keep activities girl-led](#) if they will be completing them from home.

Ahead of the meeting, send out a few simple, step-by-step instructions for how to access the platform and join the meeting. And don’t worry if they want to use a web or social platform you’re not as familiar with, because you’ll learn alongside them! For more tips on successful virtual meetings, check out [Tips, Tools, and Ideas for Planning a Great Virtual Meeting](#).

Knowing How Many Volunteers You Need

Girl Scout groups gathering in person or virtually must follow these guidelines:

- At least two unrelated, registered, background-checked adults with GSHH Volunteer Essentials training must be present and actively supervising. Youth leaders cannot take their place.
- At least one of the adults must be female.
- The two required adults must not be related or live in the same household.

Adult supervision rules apply to all Girl Scout activities, including meetings, trip/travel, camps, events, and activities. There are no exceptions. Report any deviation from this policy to from this policy to membercare@girlscoutshh.org.

Note: Invited or additional participating adults can be related, but they cannot replace the two unrelated leaders.

Determine the minimum number of adult chaperones needed:

- Adult-to-youth ratios vary based on participants’ ages and the type of activity.
- Group meetings require fewer adults; refer to the “Group Meetings” column in the table below.
- Outings, activities, camping, and travel require more supervision. Refer to the “Events, Travel, and Camping” column in the table.

Count all children (Girl Scouts or not) in supervision ratios unless they’re under the constant care of their own parent/guardian who is not acting as a chaperone.

Troop Management



GIRL SCOUT ADULT- TO-YOUTH RATIOS (Count All Youth Present)	GROUP MEETINGS		EVENTS, TRAVEL, AND CAMPING	
	Two unrelated registered GS member Troop Leaders with Volunteer Essentials training (at least one of whom is female) for up to this number of youth:	Add One additional registered & background checked volunteer for each additional:	Two unrelated registered GS member Troop Leaders with Volunteer Essentials training (at least one of whom is female) for up to this number of youth:	Add One additional background checked volunteer for each additional:
DAISY GIRL SCOUTS (Grades K–1)	12	1–6	6	1–4
BROWNIE GIRL SCOUTS (Grades 2–3)	20	1–8	12	1–6
JUNIOR GIRL SCOUTS (Grades 4–5)	25	1–10	16	1–8
CADETTE GIRL SCOUTS (Grades 6–8)	25	1–12	20	1–10
SENIOR GIRL SCOUTS (Grades 9–10)	30	1–15	24	1–12
AMBASSADOR GIRL SCOUTS (Grades 11–12)	30	1–15	24	1–12

Safety in Girl Scouting

The emotional and physical safety and well-being of Girl Scouts is our top priority. Our resource Safety Activity Checkpoints outlines the safety standards and guidelines used in Girl Scouting, which apply to all Girl Scout activities. Volunteers should refer to Safety Activity Checkpoints when planning Girl Scout-sanctioned activities.

[Safety Activity Checkpoints](#) contains two primary sections, an introduction, and an appendix. You'll find:

- Safety standards and requirements for adult supervision, transportation, permission slips, preparation for troop activities, and field trips and overnight trips.
- Individual safety checkpoints for specific activities—such as camping, internet use, and water sports—that provide activity-specific information.
- Specifics on activities not permitted by Girl Scouts of the USA and actions that Girl Scouts and volunteers should not take.
- Policies on chartered aircraft trips and aviation.
- First aid and overall health information.
- Standards for well-being and inclusivity, and ways to include Girl Scouts with disabilities and to support everyone's emotional safety.



The Buddy System

Use the buddy system anytime your troop leaves your meeting site or attends a field trip. Divide your troop into teams of at least two members, with each Girl Scout responsible for always staying with their buddy/buddies, warning them of danger, giving them immediate assistance if it's safe to do so, and seeking help if needed. Girl Scouts are encouraged to stay near their buddy/buddies or join with another team, so that if someone is injured, one person cares for the injured party while others seek help.

Registering Girls and Adults in Girl Scouting

Every participant (youth and adult) must register to become a member of Girl Scouts of the USA (GSUSA). GSUSA membership dues are valid for the Girl Scout membership year, which runs annually from October 1 through September 30. Membership dues cannot be transferred to another member and are not refundable.

Preregistration for the upcoming membership year occurs in the spring. Early registration allows for uninterrupted receipt of forms and materials from the council, helps troops and councils plan ahead, and gets members excited about all the great things they'll do as Girl Scouts in the year to come. Note that a Girl Scout's grade level is determined by the current membership year beginning October 1.

Lifetime membership is available to anyone who accepts the principles and beliefs of the Girl Scout Promise and Law, pays the one-time lifetime membership fee, and is at least 18 years old (or a high school graduate or equivalent). Volunteers with ten or more years of service can become lifetime members at the discounted young alum rate.

Adding New Girl Scouts to Your Troop

Growing your troop is a great way to share the power of the Girl Scout experience! **There are many ways to get the word out**, like hanging posters in local schools, using social media to reach families in your community, and including your troop in your council's opportunity catalog or troop catalog.

Girl Scouts Heart of the Hudson can assist with fliers, recruitment materials and recruitment. If you need supplies or want to open spaces in your troop contact membercare@girlscoutshh.org or the Community Engagement Team.

Creating an Atmosphere of Acceptance and Inclusion

Girl Scouts is for every girl, and that's why we embrace Girl Scouts of all abilities and backgrounds with a specific and positive philosophy of inclusion that benefits everyone. Each Girl Scout—regardless of socioeconomic status, race, ethnicity, physical or cognitive ability, sexual orientation, primary language, or religion—is an equal and valued member of the group.

We believe inclusion is an approach and an attitude, rather than a set of guidelines. Inclusion is about cultivating environments that enable every Girl Scout to feel a sense of belonging. It's about treating everyone with respect and dignity, and celebrating their unique strengths. It's about being a sister to every Girl Scout. Some ways to cultivate inclusion and build belonging are to:

- Welcome every Girl Scout as a valued peer, and focus on building community. To start interactions off with care, learn each person's name, caregivers included, with correct pronunciation. Use a warm and friendly tone, and consistently greet each community member when they arrive. Say goodbye to each person by name as well.
- Cultivate cooperation over competition, when appropriate.
- Cultivate a confidential, socially comfortable environment. Occasionally ask those who participate in Girl Scout programming if anything is worrying or bothering them. Be a trusted adult they can come to with their needs and emotions without judgment. Allow, but don't require, participants to say the Pledge of Allegiance or the Girl Scout Promise and Law at meetings.
- Model respect for and understanding of all members and their families. Learn about the cultures and identities represented in your Girl Scout community, and honor cultural differences. Be sure not to put anyone on the spot or ask them to educate you about their culture/identity. Welcome personal sharing about people's cultural traditions, spoken languages, and family structures. Make this kind of sharing a consistent, reliable part of your time together.
- Embrace diverse gender expressions and identities. Invite each community member to share their personal pronouns aloud or on name tags, explaining that no one has to share if they don't want to. Make these conversations matter of fact and use a positive tone.

Troop Management



- Prioritize equitable communications, including feedback requests such as surveys, by ensuring consistent openness and reach to all members/families
- Learn the most valuable ways to support individual children and adults with disabilities, learning differences, and/or neurodivergence. Ask parents, “What can I do to support your child to participate/learn/feel successful in our group?”

To learn more about this topic, check out our [Delivering Inclusive Program](#) training on gsLearn. If you have questions about accommodating an individual member, please reach out to Member Care at 1 (855) 232-GSHH or membercare@girlscoutshh.org.

Focus on Accessibility for All

A key part of creating an inclusive Girl Scout environment is making sure everyone is able to participate. As you think about where, when, and how often to meet with your group, consider the needs, resources, safety, and beliefs of all members and potential members. Seek to learn about the special needs of any members who have disabilities or whose parents/caregivers have disabilities—though don’t rely on visual cues to inform you. Disabilities include physical, sensory, and cognitive conditions, and not all of these are visible.

Approximately 20% of the U.S. population has a disability—that’s one in five people across every socioeconomic status, race, ethnicity, and religion. If you want to find out what an individual with a disability needs [to make their Girl Scout experience successful](#), simply ask them or their parent/caregiver. If you’re open and receptive, they’ll likely respond in kind.

Remember, it’s important that all Girl Scouts be rewarded for their best efforts, not the completion of a task. Give everyone the opportunity to do their best, and they likely will! Sometimes that means changing a few rules or approaching an activity in a more creative way. Here are some examples of how to modify activities so that everyone can participate:

- Invite a member to complete an activity after they’ve observed others doing it.
- If an activity calls for using a sense that a Girl Scout doesn’t have (like sight for a Girl Scout who’s blind), find ways for them to participate using other senses. Can they touch objects and/or participate by hearing?

- If an activity calls for running, an individual who’s unable to run might walk if possible and desired by them, or perhaps move in another way.

To learn more, take our [Delivering Inclusive Program](#) course on gsLearn.

Language Related to Disability

First and foremost, seek personal preferences. How would the Girl Scout or family member you’re interacting with like you to refer to their disability (if at all)? When this information can’t be determined or you’re speaking more generally, consider taking a person-first approach—acknowledging the person first, then the condition or disability, or what a person has, not what that person is. So not “schizophrenic person,” but “person with schizophrenia.”

Still, know that there’s considerable disagreement here, with many in the disability community preferring an identity-first approach (e.g., “disabled person,” not “person with a disability”), which reinforces the importance of establishing and honoring personal preferences whenever possible.

When interacting with a person with a disability that you’re aware of, keep the following guidance in mind.

- Speak directly to the person, not through a family member or friend.
- It’s okay to offer assistance to an individual with a disability, but wait until your offer is accepted before you begin to help. Listen closely to any instructions the person may have.
- Leaning on a person’s wheelchair is invading their space and should be avoided.
- When speaking for more than a few minutes to an individual who uses a wheelchair, place yourself at their eye level.
- When speaking to an individual who is deaf and using an interpreter, speak to them, not to the interpreter.
- When greeting an individual with a visual disability, always identify yourself and others. You might say, “Hi, it’s Sheryl. Tara is on my right, and Chris is on my left.”

To learn more, take our [Delivering Inclusive Program](#) course on gsLearn.

You may also want to sit in on GSHH’s *Supporting Differently Abled Girl Scouts* training. You can sign up on our Event Calendar.



Registering Members with Cognitive Disabilities

Girl Scouts with cognitive disabilities can be registered as closely as possible to their chronological ages. They should wear the uniform of the associated grade level. As a volunteer, you're encouraged to make any adaptations to activities for Girl Scouts with cognitive disabilities.

These Girl Scouts may choose to retain their youth membership through their 21st year and then move into an adult membership category.

Getting Support for Your Troop

Remember, you're never alone—your Girl Scout support team has your back! Just like Girl Scouts support each other, you'll have a team of GSHH council staff and fellow volunteers ready to help you succeed. Here's how to build your own troop support system:

- **Connect with your GSHH's support team:** Your Service Unit Team supports you and other local volunteers in many ways. Contact your Service Unit Manager to learn about leader meetings held in your area, and other support provided locally. To get the contact information for your Service Unit Manager, contact the GSHH Community Engagement Team or Member Care Team at 1-855-232-GSHH (4744) or e-mail membercare@girlscoutshh.org.
- **Build your volunteer troop team early**—include parents, friends, family, and community members who bring energy and unique skills.
- **Know that troop committee volunteers** are your extra hands and eyes. They can help with meetings, outings, or take on specific roles like troop treasurer.
- **Encourage flexible volunteering**—even small roles make a big impact. Help caregivers find ways to contribute that match their strengths.
- **Empower your volunteers.** Just like the girls, once your fellow volunteers see they can succeed, they'll be excited to stay involved!

Troop Management Tools and Resources

From toolkits and guides to regular contact with experienced individuals, you'll have all the support you need to be a Girl Scout volunteer. You'll find tools to keep your troop going strong on [MyGS](#), which you can always access via the icon on the upper right corner of our website. Click/tap the "login" button, then "my account"—you'll see the gsLearn and VTK buttons on the left menu bar, accessible on any desktop, tablet, or mobile device. The menu bar will be populated with any trainings you should view.

Following are some important resources you'll want to be sure to check out.

The Volunteer Toolkit

The Volunteer Toolkit is a customizable planning tool where you can find suggested meeting plans for most badges, access activity guides, track your Girl Scouts' achievements, and so much more. Featuring inspiring ideas for engaging your troop in a mix of activities all year long, it's the digital planning assistant that will help you power a fun-filled—and organized—Girl Scout year.

With the Volunteer Toolkit, Girl Scouts, parents/caregivers and leaders can explore meeting topics and program activities together and follow the fun as they plan their Girl Scout year.

Troop leaders can:

- Plan the troop's calendar year and meeting schedule.
- Email parents/caregivers with one click.
- View the troop roster, renew Girl Scout memberships, and update Girl Scout contact information.
- View meeting plans for badges, including suggested tracks for multi-level groups (K–5 and 6–12).
- Customize meeting agendas to fit the troop.
- Explore individual meeting plans that show a breakdown of every step, including a list of materials needed, editable time allotments for each activity within a meeting, and printable meeting aids.
- Record meeting attendance and the troop's badge achievements.
- Add council and other events to the troop's calendar.
- Easily locate both national and local council resources, such as Safety Activity Checkpoints.

Troop Management



Parents and caregivers can:

- View the troop's meeting schedule and individual meeting plans to stay up to date on the badges the troop is working on.
- Renew their memberships and update contact information.
- View their Girl Scout's attendance and achievements.
- See upcoming events the troop is planning or attending.
- Easily locate both national and local council resources.

gsLearn

gsLearn is our online training platform that gives you easy access to online and in-person learning opportunities as well as the ability to track all your accomplishments! Learn at your own pace, access additional resources, and repeat trainings as needed!

To access gsLearn, first log in to MyGS. You'll find the platform in the options on the left-hand navigation bar. Get started by visiting: <https://www.girlscoutshh.org/>

More Tools and Resources

- **Girl Scout handbooks.** These [grade level-specific handbooks](#) break it down for your Girl Scouts. Adventures include earning badges and awards, running a cookie business, and learning about the traditions that have brought Girl Scouts together for over a century.
- **Safety Activity Checkpoints.** Safety is paramount in Girl Scouting, and [Safety Activity Checkpoints](#) contains everything you need to know to help keep everyone safe during various activities done outside of regular Girl Scout troop meetings.
- **Tips for Troop Leaders.** When you're looking for real-world advice from fellow troop leaders who've been there/done that, this [volunteer-to-volunteer resource](#) has what you need for a successful troop year.
- **Troop year plans.** Our grade-level-specific [troop year plans](#) are the best tool for first-year troop leaders getting started with Girl Scouts, or to help any troop leader in planning out a well-balanced Girl Scout year. The entire year is mapped out—just follow along to help your Girl Scouts complete badge activities, improve their communities, and explore the world around them.
- **Member Care:** Contact membercare@girlscoutshh.org with any questions you might have. Your inquiry will be

forwarded to the appropriate department.

- **Girl Scout volunteers in your community.** Remember that Girl Scout support team we mentioned? You'll find it in your service unit! Troops are organized geographically into service units or communities, which are local networks of fellow leaders and administrative volunteers [ready to offer tips and advice](#) to help you succeed in your volunteer role.

Newsletters/Communication.

Headlines & Happenings, an e-newsletter for Girl Scout volunteers, is sent directly to email inboxes every Friday. *The GSHH Program Guide*, is published on our website [here](#).

Rallyhood is a collaborative communication tool for Girl Scout Volunteers. *Rallyhood* will streamline communication, foster a connected community and make the Girl Scout Volunteer role easier. Rallyhood is an all-in-one solution to integrate the many functions volunteers and families need to communicate, collaborate, share files, organize events, collect money, share photos, and build a strong, connected Girl Scout community. This secure platform eliminates the inefficiency of using many apps and social platforms and creates a consistent way for all of us to stay organized and engaged online. Rallyhood has worked with Girl Scout councils across the country for years with proven success! Many service units and troops already have a social media connection; however, Rallyhood makes the connection between council, service units, troops, and families more efficient and effective.

How to access Rallyhood:

1. Volunteers will receive an invitation to Rallyhood from either your service unit or Girl Scouts Heart of the Hudson. If you do not receive an email, reach out to GSHH's Member Care for assistance.
2. Go to Rallyhood to sign into your account.
3. Explore to find your service unit under the Service Units and Troops Hubs & Rallies.
4. Once you find your service unit, join the hub or page.
5. Select "Groups" to determine if there is a page for your troop. a. If not, reach out to your service unit as they can assist in creating a Rally (page) for the troop. b. Troops can have a Rally (page) even if the service unit is not actively using Rallyhood.
6. Find the GSHH Council-Wide Hub to explore and hubs or rallies of interest.

Troop Management

GSHH Adult Learning Path

Girl Scouts Heart of the Hudson offers the following **required** trainings:

Volunteer Essentials: This is the first required course to help the new Girl Scout volunteer get started. You'll be introduced to your volunteer role, responsibilities, and resources.

Sleep In: Is required prior to taking your troop on an overnight at an indoor facility with running water and electricity. This course should be completed prior to planning the overnight activity so that volunteers learn how to guide girl-led planning and progression. The course will also cover transportation, budget, packing, accommodations, and safety information. Volunteer Essentials is a prerequisite for attending this course.

Camp Out: Learn essential camping skills, safety practices, and how to lead a fun, successful overnight experience for your troop. Volunteer Essentials and Sleep In are pre-requisites for attending this training.

Cook Out: Learn outdoor cooking skills, fire safety, meal planning, and how to guide girl scouts through a fun and safe outdoor cooking experience. Volunteer Essentials and Sleep In are pre-requisites for attending this training.

First Aid/CPR: remote and in person: This course certifies or recertifies you in Medic PediatricPlus Adult and Pediatric First Aid, CPR, and AED. Certification from this course is good for two years. A certified First Aider is required for trips out of council and all overnights.

Enrichment Trainings:

Conflict Management With Adults

Conflict Management With Children

Supporting Differently Abled Girl Scouts

And Much More. Please see our event calendar on our website for more offerings: <https://www.girlscoutshh.org/en/discover/activities/event-calendar.html/>

Even More Learning Opportunities

We know that when you have the knowledge and skills you need to manage your Girl Scouts, both you and your troop thrive. GSUSA offers national onboarding training for new troop leaders:

- **What Girl Scouts Do.** This course introduces what Girl

- Scouts do at each grade level and how they do it, helping you plan your troop's year. [Take the course.](#)
- **Your First Troop Meeting.** This course provides new troop leaders with the structure and tools to plan a successful first troop meeting—and beyond—with their Girl Scout troop. [Take the course.](#)
- **The Girl Scout Leadership Experience (GSLE).** This course teaches you how to implement the Girl Scout Leadership Experience—the framework that sets Girl Scouts apart—in an age-appropriate way for your troop. [Take the course.](#)
- **Family Engagement: The Key to Success.** This course highlights the value of family engagement and provides practical strategies for how to enlist family support. [Take the course.](#)
- **The Girl Scout Cookie Program.** This course reviews the basics of the Girl Scout Cookie Program, including why Girl Scouts sell cookies, who the cookie bakers are, how to use your cookie proceeds safely with your troop and with support from parents/caregivers. [Take the course.](#)
- **Troop Safety.** This course equips you with the fundamentals to keep your troop safe in meetings and on field trips. You'll also learn about a go-to guide that helps your troop stay safe no matter where your adventures take you! [Take the course.](#)
- **Leading Multi-Level Troops.** Multi-level troops provide unique opportunities for Girl Scouts and their families. This course provides tips, tools, and strategies for leading a multi-level troop through an exceptional Girl Scout experience. [Take the course.](#)
- **Field Trips and Travel.** This course guides you in planning a Girl Scout trip. It also covers the concept of Girl Scout travel progression. [Take the course.](#)
- **Sexual and Child Abuse Prevention.** Child abuse and neglect are difficult subjects to think about, yet the prevention of abuse is a topic Girl Scouts takes *very seriously*. This training prepares supervising adults o Girl Scout youth to recognize, respond to, and report concerns of child abuse and neglect. [Take the course.](#)
- **Delivering Inclusive Program.** In this course, you'll practice using inclusive language to support Girl Scouts of all backgrounds and identities and foster a cohesive troop environment. [Take the course.](#)
- **Funding the Fun.** Explore the basics of managing your troop's funds, including how troops fund meetings and activities, and manage and report their finances to their councils. [Take the course.](#)

Courses are also offered about specific badges, including Math in Nature and Mental Wellness, as well as Daisy petals.



With your guidance, your Girl Scouts will learn money management skills that will serve them throughout their lives. Your Girl Scout troop will plan and finance its own activities, and you'll coach your Girl Scouts as they earn and manage troop funds. Troop activities are powered by proceeds earned through council-sponsored product program activities (such as the Girl Scout Cookie Program), group money-earning activities (council approved, of course), and any dues your troop may charge. Remember that all funds raised, earned, collected, or otherwise received in the name of and for the benefit of Girl Scouting belong to the troop as a whole and must be used for the purposes of Girl Scouting. Funds are administered through the troop and do not belong to individuals.

Establishing a Troop Account

You'll need a safe place to deposit your troop dues, product program proceeds, and other funds. If you're a new leader of an existing troop, you may inherit a checking account, but with a new troop, you'll want to open a new bank account.

Here are a few helpful tips you can take to the bank:

- Use the [Bank Account Request Form](#) to request an authorization form to open your troop account using the name and tax ID number of the GSHH Council.
- Be sure to find a bank that has GSHH approval. For easy access, these options are listed on the [Bank Account Request Form](#). Also we have this in our [Volunteer Partnership Handbook](#) which is helpful in the decision making process.
- Designate a Troop Treasurer, one person who is responsible for troop funds and for keeping a daily account of expenditures. **This person must be a Girl Scout member with a background check.**
- Ensure your account comes with a debit card that you can use during activities or trips. These transactions are easier to track at the end of the year.
- Be prepared like a Girl Scout and make sure another troop volunteer has accessible a debit card for the troop account in case the main card is lost. Only the bank signers and/or troop treasurer (with approved background check) should handle troop funds and/or debit cards
- Handle a lost troop debit card the same way you would a personal debit card: cancel it immediately.
- Keep troop funds in the bank before an activity or trip and pay for as many items as possible in advance of your departure.

- When opening the troop bank account please use the address of the primary signer's address on the account.
- Keep troop funds in the bank before an activity or trip and pay for as many items as possible in advance of your departure.
- Be sure to submit your troop financial report into the Volunteer Toolkit by 7/31 of each Girl Scout year.

Money-Earning Basics for Troops

Troops flex their financial muscles in two distinct ways:

1. **The Girl Scout Cookie Program and other Girl Scout product sales** (authorized product sales such as calendars, magazines, or nuts and candy) organized by the council. All youth members are eligible to participate in two council-sponsored product program activities each year with volunteer supervision—the Girl Scout Cookie Program and one other council-authorized product program. Please remember, volunteers and Girl Scout council staff don't sell cookies and other products—Girl Scouts do.
2. **Group money-earning activities** organized by the troop (not by the council) that are planned and carried out by Girl Scouts (in partnership with volunteers) and that earn money for the group.
3. **Group money-earning activities** organized by the troop (not by the council) that are planned and carried out by girls (in partnership with volunteers) and that earn money for the group. These activities [require pre-approval from the GSHH Philanthropy Department](#), and must follow all financial guidelines provided by Girl Scouts (see below). **Please send your request for MEA assistance to membercare@girlscoutshh.org with MEA in the subject headline.**



Participation Guidance

Girl Scout participation in both council-sponsored product program activities and group money-earning projects is based on the following:

- Voluntary participation
- Permission of each member's parent or guardian
- An understanding of (and ability to explain clearly to others) why the money is needed
- An understanding that money earning should not exceed what the group needs to support its program activities
- Observance of local ordinances related to involvement of children in money-earning activities as well as health and safety laws
- Vigilance in protecting the personal safety of each member
- Arrangements for safeguarding the money

Additional Guidelines

Keep these specific guidelines—some of which are required by the Internal Revenue Service—in mind to ensure that sales are conducted with legal and financial integrity.

- All rewards earned by Girl Scouts through product program activities must support **Girl Scout program experiences** (such as camp, travel, and program events, but not scholarships or financial credits toward outside organizations).
- **Rewards are based on sales ranges** set by councils and may not be based on a dollar-per-dollar calculation.
- **Troops are encouraged to participate in GSHH product programs as their primary money-earning activity**; any group money earning shouldn't compete with the Girl Scout Cookie Program or other council product programs.
- **Written approval from the council is needed** before a group money-earning event; most councils ask that you submit a request for approval. Submit a [Money Earning Application](#) and obtain written approval from Girl Scouts Heart of the Hudson Philanthropy Department before conducting a group money-earning event.
- Submit a [Money Earning Activity Report](#) to Girl Scouts Heart of the Hudson Philanthropy Department after the completion of your event.
- **Girl Scouts discourages the use of games of chance.** Any activity that could be considered a game of chance (raffles, contests, bingo) must be approved by Girl Scouts

Heart of the Hudson and be conducted in compliance with all local and state laws.

- **Girl Scouts' *Blue Book of Basic Documents* policy forbids Girl Scouts from directly soliciting cash.** Girl Scouts can collect partial payment toward the purchase of a package of Girl Scout Cookies and other Girl Scout–authorized products through participation in council-approved product program donation programs. An exception is to allow Seniors and Ambassadors to solicit funds for their Gold Award projects.

Girl Scouts forbids product demonstration parties where the use of the Girl Scout trademark increases revenue for another business, such as in-home product parties. Any business using the Girl Scout trademark or other Girl Scout intellectual property must seek authorization from GSUSA.

- **Group money-earning activities need to be suited to the ages and abilities of the participants** and be consistent with the principles of the Girl Scout Leadership Experience.
- **Money earned is for Girl Scout activities and is not to be retained by individuals.** Girl Scouts can, however, be awarded incentives and/or may earn credits from their Girl Scout product programs. Funds acquired through group money-earning projects must be reported and accounted for by the group according to council procedures.

Sample Money-Earning Activities Collections/drives

- Cell phones for refurbishment
- Used ink cartridges turned in for money
- Christmas tree recycling

Food/meal events

- Lunch box auction (prepared lunch or meal auctioned off)
- Themed meals, like a high tea or a build-your-own-taco bar, related to activities Girl Scouts are planning; for instance, if they're earning money for travel, they could tie the meal to their destination

Services

- Service-a-thon (people sponsor a Girl Scout doing service and funds go to support a trip or other activity)

Troop Finances



- Babysitting for a special event
- Raking leaves, weeding, cutting grass, shoveling snow, walking pets
- Cooking class or other specialty class

Help Your Troop Reach Its Financial Goals

As a volunteer, you have the opportunity to facilitate girl-led financial planning, which may include the following steps for your troop:

1. **Set goals for money-earning activities.**

What does the group hope to accomplish through this activity? In addition to earning money, what skills do Girl Scouts hope to build? What leadership opportunities present themselves?

2. **Create a budget.** Use a budget worksheet that includes both expenses (cost of supplies, admission to events, travel, and so on) and available income (the group's account balance, projected cookie proceeds, etc.).

3. **Determine how much the group needs to earn.** Subtract expenses from available income to determine how much money your group needs to earn.

The Girl Scout Cookie Program and other council-sponsored product programs are designed to unleash Girl Scouts' entrepreneurial potential. From there, your troop may decide to earn additional funds on its own.

- ### 4. **Make a plan.** The group can brainstorm and make decisions about its financial plans. Will cookie and other product programs—if approached proactively and energetically—earn enough money to meet the group's goals? If not, which group money-earning activities might offset the difference? Will more than one money-earning activity be necessary to achieve the group's financial goals? In this planning stage, engage members through the Girl Scout processes (girl-led, learning by doing, and cooperative learning) and consider the value of any potential activity. Have Girl Scouts weigh feasibility, implementation, and safety factors.
- ### 5. **Write it out.** Once the group has decided on its financial plan, describe it in writing. If the plan involves a group money-earning activity, fill out an application for approval from your council and submit it along with the budget worksheet your troop created.

Remember: It's great for Girl Scouts to have opportunities like the Girl Scout Cookie Program to earn funds that help them fulfill their goals. As a volunteer, try to help girls balance the money earning they do with opportunities to enjoy other activities that have less emphasis on earning and spending money. Take Action projects, for example, may not always require them to spend any money!



Financial Management and Product Program Abilities by Grade Level

Girl Scouts build their financial and sales savvy as they grow in Girl Scouting. Each person learns a little differently, but below are some examples of opportunities for Girl Scouts' progression at each grade level.

Girl Scout

- The group volunteer handles money, keeps financial records, and does all group budgeting.
- Parents/caregivers may decide to contribute to the cost of activities.
- Daisies can participate in Girl Scout Cookie Program activities and other council-sponsored product programs.
- Daisies are always paired with a volunteer when selling anything. They do the asking and deliver the product, but volunteers handle the money and keep girls safe.
- Daisies should be given the opportunity to practice identifying money and counting back change with an adult during each transaction.

Girl Scout

- The group volunteer handles money, keeps financial records, and shares some of the group budgeting responsibilities.
- Brownies discuss the cost of activities (supplies, fees, transportation, rentals, and so on) with guidance from their volunteer(s).
- Brownies set goals for and participate in council-sponsored product programs.
- Brownies may decide to pay dues to contribute to the cost of activities.

Girl Scout

- The group volunteer retains overall responsibility for long-term budgeting and record keeping but shares or delegates all other financial responsibilities.
- Juniors set goals for and participate in council-sponsored product programs.
- Juniors decide on group dues, if any. Dues are collected by them and recorded by a group treasurer selected by the troop.
- Juniors budget for the short-term needs of the group based on their plans and income from the group dues.
- Juniors budget for more long-term activities, such as overnight trips, group camping, and special events.
- Juniors budget for Take Action projects, including the Girl Scout Bronze Award if they're pursuing it.



Girl Scout Cadettes, Seniors, and Ambassadors

- Cadettes, Seniors, and Ambassadors estimate costs based on plans.
- They determine the amount of group dues, if any, and the scope of money-earning projects.
- They set goals for and participate in council-sponsored product programs.
- They carry out budgeting, planning, and group money-earning programs.
- They budget for extended travel, Take Action projects, and leadership projects, including the Girl Scout Silver or Gold Award if they're pursuing theirs.
- They may be involved in seeking donations for Take Action projects, with council approval.
- They keep their own financial records and give reports to parents and group volunteers.

Working with Sponsors and Other Organizations

Local sponsors help bring Girl Scout experiences to life! Community partners—like businesses, organizations, and individuals—can support your troop in creative, meaningful, and inclusive ways. Make the most of these connections! Keep in mind that sponsors may be able to offer meeting spaces, volunteer time, activity materials, in-kind donations, and/or equipment.

Don't forget to celebrate your sponsors for their support! Encourage your Girl Scouts to say thank you with cards or invitations to meetings or ceremonies, or by teaming up on a Take Action project.

Just be sure to check with your council before reaching out to sponsors. The council can guide you with regard to policies, existing partnerships, and best practices.

Here are a few tips for partnering with other organizations:

- **Don't fundraise in uniform.** Girl Scouts can't raise money for other organizations while wearing anything that identifies them as Girl Scouts (like uniforms or pins). However, they *can* support causes through **Take Action projects** or community service.
- **Keep it nonpolitical.** Girl Scouts should not participate in political campaigns or events in any official capacity. That means no rallies, petitions, or political fundraising while representing Girl Scouts.
- **Respect religious practices.** Girl Scout groups should be respectful when working with religious organizations, but no one should be required to participate in religious observances.

- **Avoid endorsing commercial products.** Girl Scouts and volunteers shouldn't promote or sell retail products. This policy has been in place since 1939!

Before committing to working with a sponsor, consult Girl Scouts Heart of the Hudson by emailing membercare@girlscoutshh.org, who can give you guidance on the availability of sponsors, recruiting guidelines, and any council policies or practices that must be followed. Girl Scouts Heart of the Hudson may already have relationships with certain organizations or may know of some reasons **not** to collaborate with certain organizations. GSHH already has established relationships with certain organizations or may know of some reasons **not** to collaborate with certain organizations.

Disbanding Troops and Unused Troop Funds

When a troop disbands, any unused Girl Scout money left in the account becomes the property of GSHH. Troop funds are not the property of any individual member. Before disbanding, ask your Girl Scouts how they want to pay it forward. They may decide to pay for Girl Scout activities or donate any unused funds to their service unit or another troop. Activities can include purchasing materials to support another organization through Take Action projects.

Closing the Troop Account

Be sure all checks and debits have cleared the account before you close it. Remember, you may have to close the account in person. Turn remaining funds over to a GSHH council staff. Please direct questions to councilfinance@girlscoutshh.org.

Engaging Girl Scouts by Level



Creating the kind of environment in which Girl Scouts are unafraid to try new things and to be who they want to be starts with you! By meeting them where they are, you'll help Girl Scouts develop the leadership skills they'll use today and in the future.

Understanding Healthy Development in Youth

It sounds simple but just being attentive to what Girl Scouts are experiencing as they mature is a big help to them—and to you, as you guide and mentor them! You'll experience different joys and challenges with each Girl Scout level; below are some guidelines for meeting Girl Scouts' needs and abilities at different grade levels. Keep in mind that these guidelines reflect neurotypical experiences.

GIRL SCOUT DASIES

At the Girl Scout Daisy level (kindergarten and first grades), many Daisies...	This means...
Have loads of energy and need to run, walk, or play outside.	They'll enjoy going on nature walks and outdoor scavenger hunts.
Are great builders and budding artists, though they're still developing their fine motor skills.	Encouraging them to express themselves and their creativity by making things with their hands, if they're able. They may need assistance holding scissors, cutting in a straight line, and so on.
Love to move and dance.	They might especially enjoy marching like a penguin, dancing like a dolphin, or acting out how they might care for animals in the jungle.
Are concrete thinkers and focused on the here and now.	Showing instead of telling—for example, about how animals are cared for. Plan visits to animal shelters, farms, or zoos; meet care providers or create a fun bird feeder.
Are only beginning to learn about basic number concepts, time, and money.	You'll want to take opportunities to count out supplies together—and, perhaps, the legs on a caterpillar!
Are just beginning to write and spell, and they don't always have the words for what they're thinking or feeling.	That having them draw a picture of something they're trying to communicate, or picking from images of feelings, is easier and more meaningful for them.
Know how to follow simple directions and respond well to recognition for doing so.	Being specific and offering only one direction at a time. Acknowledge when they've followed directions well to increase their motivation to listen and follow again.

Engaging Girl Scouts by Level



GIRL SCOUT BROWNIES

At the Girl Scout Brownie level (second and third grades), many Brownies...	This means...
Have loads of energy and need to run, walk, or play outside.	Taking your session activities outside whenever possible.
Are social and enjoy working in groups.	Allowing them to team up in small or large groups for art projects and performances if they would like to.
Want to help others and appreciate being given individual responsibilities for a task.	Letting them lead, direct, and help in activities whenever possible. Allow them to make decisions as a group about individual roles and responsibilities.
Are concrete thinkers and focused on the here and now.	Doing more than just reading to them about the Brownie Elf's adventures. Ask them questions to gauge their understanding and allow them to role-play their own pretend visit to a new country.
Need clear directions and structure and like knowing what to expect.	Offering only one direction at a time. Also, have them create the schedule and flow of your get-togethers and share those at the start.
Are becoming comfortable with basic number concepts, time, money, and distance.	Offering support only when needed. Allow them to set schedules for meetings or performances, count out money for a trip, and so on.
Are continuing to develop their fine motor skills. Most can tie shoes, use basic tools, begin to sew, and the like.	Encouraging them to express themselves and their creativity by making things with their hands, if they're able to. They may need some assistance, however, holding scissors, threading needs, and so on.
Love to act in plays, create music, and dance.	They might like to create a play about welcoming a new student to their school or to tell a story through dance or creative movement.
Know how to follow rules, listen well, and appreciate recognition of a job well done.	Acknowledging when they've listened or followed the directions well, which will increase their motivation to listen and follow again.

Engaging Girl Scouts by Level



GIRL SCOUT JUNIORS

At the Girl Scout Junior level (fourth and fifth grades), many Juniors...	This means...
Want to make decisions and express their opinions.	Whenever possible, allowing them to make decisions and express their opinions through guided discussion and active reflection activities. Also, have them set rules for listening to others' opinions and offering assistance in decision making.
Are social and enjoy working in groups.	Allowing them to team up in small or large groups for art projects, performances, and written activities, if they would like to.
Are aware of expectations and sensitive to the judgments of others.	Although it's okay to have expectations, the expectation is not perfection. Share your own mistakes and what you learned from them, and be sure to create an environment where they can be comfortable sharing theirs.
Are concerned about equity and fairness.	Not shying away from discussing why rules are in place and having them develop their own rules for their group.
Are beginning to think abstractly and critically and are capable of flexible thought. Juniors can consider more than one perspective as well as the feelings and attitudes of other people.	Asking them to explain why they made a decision to share their visions of their roles in the future, and to challenge their own and others' perspectives.
Have strong fine and gross motor skills and coordination.	Engaging them in moving their minds and their bodies. Allow them to express themselves through the written word, choreography, and so on.
Love to act in plays, create music, and dance.	They might like to tell a story through playwriting, playing an instrument, or choreographing a dance.
May be starting puberty, which may include beginning breast development, skin changes, and weight changes. Some may be getting their periods.	Being sensitive to their changing bodies, possible discomfort over these changes, and their desire for more information or total avoidance of the topic. Create an environment that acknowledges and celebrates this transition as healthy and normal for them.



GIRL SCOUT CADETTE

At the Girl Scout Cadette level (sixth, seventh, and eighth grades), many Cadettes...	This means...
Are going through puberty, including changes in their skin, body shape, and weight. Many also will be starting their menstrual cycles and have occasional shifts in mood.	Being sensitive to the many changes Cadettes are undergoing and acknowledging that these changes are as normal as growing taller! They need time to adapt to their changing bodies, and their feelings about their bodies may not keep up. Reinforce that, as with everything else, people go through puberty in different ways and at different times.
Are starting to spend more time in peer groups than with their families and are very concerned about friends and relationships with others their age.	That many will enjoy teaming up in small or large groups for art projects, performances, and written activities as well as tackling relationship issues through both artistic endeavors and Take Action projects. If you're noticing a pattern of isolation for any troop member, check in with them—are they content to work solo, or are they being excluded?
Can be very self-conscious, wanting to be like everyone else but fearing they're unique in their thoughts and feelings.	Encouraging them to share, but only if they're ready. At this age, they may be more comfortable sharing a piece of artwork or a fictional story than their own words. Throughout activities, highlight and discuss differences as positive, interesting, and beautiful.
Are beginning to navigate their increasing independence and expectations from adults at school and at home.	Trusting them to plan and make key decisions and allowing them to experience “fun failure,” which is learning from trying something new and making mistakes.

Engaging Girl Scouts by Level



GIRL SCOUT SENIORS

At the Girl Scout Senior level (ninth and tenth grades), many Seniors...	This means...
Are beginning to clarify their own values, consider alternative points of view on controversial issues, and see multiple aspects of a situation	Asking them to explain the reasoning behind their decisions. Engage them in role-play and performances, where others can watch and offer alternative solutions.
Have strong problem-solving and critical-thinking skills and are able to plan and reflect on their own learning experiences.	They are more than able to go beyond community service to develop projects that will create sustainable solutions in their communities. Be sure to have them plan and follow up on these experiences through written and discussion-based reflective activities.
Spend more time in peer groups than with their families and are very concerned about friends and relationships with others their age.	They'll enjoy teaming up in small or large groups for art projects, performances, and written activities. They'll also want to tackle relationship issues through both artistic endeavors and Take Action projects. Alter the makeup of groups with each activity so that they interact with those they might not usually pair up with.
Frequently enjoy expressing their individuality.	Encouraging them to express their individuality in their dress, creative expression, and thinking. Remind them frequently that there isn't just one way to look, feel, think, or act. Assist them in coming up with new ways of expressing their individuality.
Feel they have lots of responsibilities and pressures—from home, school, peers, work, and other sources.	Acknowledging their pressures and sharing how stress can limit health, creativity, and productivity. Help them release stress through creative expression, movement, and more traditional stress-reduction techniques.
Are continuing to navigate their increasing independence and expectations from adults at school and at home.	Trusting them to plan and make key decisions, and allowing them to experience “fun failure,” which is learning from trying something new and making mistakes.



GIRL SCOUT AMBASSADORS

At the Girl Scout Ambassador level (eleventh and twelfth grades), many Ambassadors...	This means...
Can see the complexity of situations and controversial issues—they understand that problems often have no clear solution and that varying points of view may each have merit.	Inviting them to develop stories as a group and then individually create endings that they later discuss and share.
Have strong problem-solving and critical-thinking skills and can adapt logical thinking to real-life situations. Most will recognize and incorporate practical limitations to solutions.	They are more than able to go beyond community service to develop projects that will create sustainable solutions in their communities. Be sure to have them plan and follow up on these experiences through written and discussion-based reflective activities.
Spend more time with peers than with their families and are very concerned about friends and relationships with others their age.	They'll enjoy teaming up in small or large groups for art projects, performances, and written activities. They'll also want to tackle relationship issues through artistic endeavors and Take Action projects. Alter the makeup of groups with each activity so that they interact with those they might not usually pair up with.
Frequently enjoy expressing their individuality.	Encouraging them to express their individuality in their dress, creative expression, and thinking. Remind them frequently that there isn't just one way to look, feel, think, or act. Assist them in coming up with new ways of expressing their individuality.
Feel they have lots of responsibilities and pressures—from home, school, peers, work, and other sources.	Acknowledging their pressures and sharing how stress can limit health, creativity, and productivity. Help them release stress through creative expression, movement, and more traditional stress-reduction techniques.
Are continuing to navigate their increasing independence and expectations from adults—at school and at home—and are looking to their futures.	Trusting them to plan and make key decisions, and allowing them to experience “fun failure,” which is learning from trying something new and making mistakes.

Creating a Safe Space for Girl Scouts



A safe space is where all Girl Scouts feel they can be themselves, without explanation or judgment. As a volunteer, the environment you help foster is just as important as the activities Girl Scouts do—it's the key to developing the sort of group they want to be a part of! Cultivate a space where confidentiality is respected and Girl Scouts can express their true selves.

Recognize and Support Each Girl Scout

You're a role model and a mentor to your Girl Scouts. Since you play an important role in their lives, they need to know that you consider each of them an important person, too. It's likely they'll weather an ill-equipped meeting place or an activity that flops—but being ignored or rejected by their troop leader is something they should never have to experience.

Remember to:

- Give shout-outs when you see Girl Scouts trying their best, not just when they've had clear success.
- Emphasize the positive qualities that make each Girl Scout worthy and unique.
- Be generous with praise—but not with criticism.
- Help Girl Scouts find ways to show acceptance of and support for one another.

Promote Fairness

In a Girl Scout troop, fairness is fostered by sharing responsibilities, addressing disagreements constructively, and responding consistently to accomplishments. When you model this commitment, it makes the inevitable mistakes easier to forgive. When possible, ask your group what they think is fair before decisions are made.

Remember to:

- Try to ensure responsibilities as well as chances for feeling important are evenly divided among troop members.
- Help Girl Scouts explore and decide for themselves fair ways of solving problems, carrying out activities, and responding to behaviors and accomplishments.
- Explain your reasoning for making certain decisions.
- Be willing to apologize as needed.

Build Trust

Girl Scouts need your support when they try new things, and you'll need to demonstrate that you won't betray their confidence. Show them you're making an effort to understand them as individuals.

- Inspire them to think for themselves and use their own judgment.
- Encourage them to make important decisions in the group and assure them that all troop members have an equal say.
- Offer them assistance in correcting/addressing their mistakes.
- Support them in trusting one another—let them see firsthand how trust can be built, lost, regained, and strengthened.

Creating a Safe Space for Girl Scouts



Inspire Open Communication

Promote open communication by listening and responding positively to what your Girl Scouts think, feel, and want to do. They'll appreciate having someone they can talk to about the important things happening in their lives.

- Speak your mind when you're happy or concerned about something, and encourage Girl Scouts to do the same.
- Leave the door open for Girl Scouts to seek advice, share ideas, and propose plans or improvements.
- Help them see how open communication can promote helpful action, discovery, a better understanding of self and others, and an atmosphere that fuels fun and accomplishment.

Manage Conflict

Conflicts and disagreements are an inevitable part of life, and if handled constructively they show Girl Scouts they can manage differences of opinion, exercise diplomacy, and improve their communication and relationships. Respecting others and being a sister to every Girl Scout means that shouting, verbal abuse, or physical confrontations are never warranted and cannot be tolerated in the Girl Scout environment.

When a conflict arises in your troop, try to get those involved to sit down together and talk calmly in a nonjudgmental manner, keeping in mind that each party may need some time—perhaps a few days or a week—to settle first. Explain to Girl Scouts that communicating in this way might feel uncomfortable and difficult in the moment, but it lays the groundwork for working well together in the future.

Whatever you do, don't spread word of the conflict, as this won't help the situation and may cause Girl Scouts embarrassment or anger.

If a conflict persists, be sure you explain the matter to your volunteer support team. If the supervisor can't resolve the issue satisfactorily (or if the problem involves the supervisor), it can be taken to the next supervisory level and, ultimately, to your council if you need additional help.

Communicate Effectively with Girl Scouts of Any Age

Make sure your words and actions nurture connection among members. Keep in mind how important the following approaches are.

Listen. Listening to Girl Scouts, as opposed to telling them what to think, feel, or do (no "you should") is the first step in building a trusting relationship and helping them take ownership of their Girl Scout experience.

Be honest. If you're not comfortable with a topic or activity, it's okay to say so. No one expects you to be an expert on every topic. Ask for alternatives or seek out volunteers with the required expertise. Also, owning up to mistakes—and apologizing for them—goes a long way.

Be open to real issues. Outside of Girl Scouts, members may be dealing with issues involving relationships, peer pressure, school, money, drugs, and other serious topics. When you don't know, listen. And seek help from your council if you need assistance or more information than you currently have.

Show respect. Girl Scouts often say that their best experiences were the ones where adults treated them as equal partners. Speak to them respectfully to reinforce that their opinions matter and that they deserve respect.

Offer options. Members' needs and interests change; being flexible shows them you respect them and their busy lives. Be ready with age-appropriate guidance and parameters no matter what Girl Scouts choose to do.

Stay current. Show members you're interested in their world by asking them about the TV shows and movies they like; the books, magazines, or blogs they read; the social media influencers they follow; and the music they listen to.

Never ask a girl or adult to leave your troop without first consulting the GSHH Community Engagement Team and contacting Member Care at 855-232-GSHH (4744) and membercare@girlscoutshh.org.

Creating a Safe Space for Girl Scouts



Address the Needs of Older Girl Scouts

Let these simple tips guide you when working with teenage Girl Scouts:

- Think of yourself as a “guide on the side”—a partner, a coach, or a mentor, not a “leader.”
- Ask them what rules they need for safety and about the group agreements they need to be a good team. When they take the lead in establishing group rules, they’re more likely to stick to them.
- Understand that they need time to talk, unwind, and have fun together.
- Ask what they think and what they want to do.
- Encourage them to speak their minds.
- Provide structure, but don’t micromanage.
- Give everyone a voice in the group, understanding that “speaking up” may look different for each person. For some, it might mean sharing their ideas in front of the entire group; for others it could mean providing a written response or contributing as part of a group.
- Treat them like partners.
- Don’t repeat what’s said in the group to anyone outside of it (unless necessary for girls’ safety). See “Report Concerns” below to understand the guard rails.

Be Prepared for Sensitive Topics

It’s an amazing feeling when your Girl Scouts put their trust in you. When they do, they may come to you with some of the issues they’re facing, such as bullying, peer pressure, dating, athletic and academic performance, understanding their own identity, and more. Some of these issues might be considered sensitive by families who may have opinions or input about how, and whether, Girl Scouts should cover these topics with their troop.

Girl Scouts welcomes and serves youth and families from a wide spectrum of faiths and cultures. When members make clear that they want to participate in discussions or activities that could be considered sensitive—even just for some—put the topic on hold until you’ve spoken with a parent/caregiver of the members and received guidance from your council.

When Girl Scout activities involve sensitive issues, your role is that of a caring adult volunteer who can help them acquire skills and knowledge in a supportive atmosphere, not someone who advocates a particular position.

Know that Girl Scouts of the USA does not take a position or develop materials on issues relating to human sexuality, birth control, or abortion. We feel our role is to help Girl Scouts develop self-confidence and good decision-making skills that will help them make wise choices in all areas of their lives. We believe parents and caregivers, along with schools and faith communities, are the primary sources of information on these topics.

Parents/caregivers make all decisions regarding their child’s participation in Girl Scout programming that may be of a sensitive nature. As a volunteer leader, you must get written parental permission for any locally planned program offering that could be considered sensitive. Included on the permission form should be the topic of the activity, any specific content that might create controversy, and any action steps the Girl Scouts will take when the activity is complete. Be sure to have a form for each troop member and keep the forms on hand in case a problem arises. For activities not sponsored by Girl Scouts, find out in advance (from organizers or other volunteers who may be familiar with the content) what will be presented and follow GSHH’s guidelines for obtaining written permission. Use the [Girl Scouts Heart of the Hudson Single Event Parental Permission form](#) for events or presentations that may cover sensitive issues.



Report Concerns

There may be times when you worry about the health and well-being of individuals in your group. Alcohol, drugs, sex, bullying, abuse, depression, and eating disorders are some of the issues they may encounter. You're on the frontlines of their lives, which places you in a unique position to identify a situation in which Girl Scouts may need help. If you believe someone is at risk of hurting themselves or others, your role is to promptly bring that information to the parent/caregiver or the council so the Girl Scout can get the expert assistance they need. Your concern about their well-being and safety is taken seriously, and your council will guide you in addressing these concerns.

Here are a few signs that could indicate someone needs expert help:

- Marked changes in behavior or personality (forexample, unusual moodiness, aggressiveness, or sensitivity)
- Declining academic performance and/or inability to concentrate
- Withdrawal from school, family activities, or friendships
- Fatigue, apathy, or loss of interest in previously enjoyed activities
- Sleep disturbances
- Increased secretiveness
- Deterioration in appearance and personal hygiene
- Eating extremes, unexplained weight loss, distorted body image/efforts to hide their body
- Tendency toward perfectionism (e.g., mistakes are considered unacceptable, there's an unwillingness to start or try something for fear of failure, or a belief that there's only one way to do something)
- Giving away prized possessions; preoccupation with the subject of death
- Unexplained injuries such as bruises, burns, or fractures
- Avoidance of eye contact or physical contact
- Excessive fearfulness or distrust of adults
- Abusive behavior toward other children, especially younger ones, or animals

To report any incidents that may occur, please use the Girl Scouts Heart of the Hudson online [Incident Reporting \(Form B\)](#)

Engage Families



You want your Girl Scouts to have fun, be inspired, take healthy risks, and learn about themselves and the world—that’s why you’re a Girl Scout volunteer! Parents and caregivers want the same thing for their children, but getting families to pitch in and play an active role in the troop while enhancing the experience for their Girl Scout and themselves can be tricky for many volunteers. It doesn’t have to be this way.

Kick the Year Off Right by Engaging Parents and Caregivers

Parents and caregivers will feel most connected to the troop when you’re proactive in engaging them early on. Express your desire for them to play an active role in troop life, and how this can contribute to the connection, joy, and sense of pride that Girl Scouts feel. At the same time, recognize that not all families have the capacity to be involved, for various reasons (don’t take it personally!). Be open with parents about your hopes for their involvement and listen to what can work for them.

What Is a Parent/Caregiver Meeting?

It’s the first meeting that starts each troop year—and whether you’re leading a new or returning troop, it’s a valuable meeting.

Why hold this type of meeting? [Kicking off each year with a parent/caregiver meeting](#) sets the troop up for success.

Outlining clear expectations, building a team, and engaging parents in the Girl Scout experience is a great way to start off on the right foot. When parents are involved, leaders have support, the troop has a plan, and troop members benefit! The meeting helps:

- Families understand what Girl Scouting can do for their child.
- Families and leaders identify ways they’ll work as a team to support the troop.
- Families and leaders agree about what the troop pays for and what families pay for individually.
- You fill key troop positions—you never know which parent will make an awesome assistant leader or troop cookie manager.
- Families know how the troop will communicate things like upcoming events or schedule changes.
- Families learn about uniforms, books, and other important basics.

For more tips on working with troop families, check out Girl Scouts’ [Tips for Troop Leaders](#) hub.

Tips for Engaging Families in Your Troop

- **Just ask!** Many parents want to help—they just haven’t been asked. Be clear about what you need, and don’t worry if someone says no. Follow up later—they might be available next time!
- **Explain the “why.”** Helping out benefits the whole troop and strengthens the bond between Girl Scouts and their caregivers. It’s a meaningful way to show support.
- **Discover talents.** Ask what people enjoy and what they’re good at—event planning, social media, budgeting, etc. Matching tasks to interests makes volunteering fun and sustainable.
- **Keep it simple.** Find out how much time someone can give. Even 15 minutes a week can make a difference—like organizing snack schedules or carpools.
- **Include families in the fun.** Host a few family-friendly events during the year—like a holiday open house or a “reverse meeting” where Girl Scouts lead the adults in an activity.
- **Stay connected.** Keep communication open year-round through emails, chats, or social media. Ask families how they prefer to receive updates at your first meeting.
- **Let Girl Scouts teach at home.** Encourage caregivers to let their Girl Scouts share what they’ve learned. This builds confidence and reinforces new skills.



Learning to think like an entrepreneur? Developing business smarts? Getting to know customers and building lasting relationships? There's so much more to that package of Thin Mints®.

Whether they participate in the Girl Scout Cookie Program or the Girl Scout Fall Product Program (or both!), Girl Scouts learn things that prepare them to take on the world. Plus, Girl Scout Cookie proceeds stay in your local community to power amazing year-round experiences that broaden Girl Scouts' worlds and spark their sense of wonder.

Five Essential Skills

By participating in the Girl Scout Cookie Program, Girl Scouts as young as five develop five essential skills that help them be successful today and throughout their lives:

- **Goal setting.** Girl Scouts learn to create a plan to reach their goals.
- **Decision making.** Girl Scouts learn to make decisions on their own and as a team.
- **Money management.** Girl Scouts learn to create a budget and handle money.
- **People skills.** Girl Scouts find their voice and up their confidence through customer interactions that build relationships.
- **Business ethics.** Girl Scouts learn to act responsibly and honestly, both in business and in life.

But building their business know-how isn't just tied to the cookies themselves! Girl Scouts at any level can continue honing their entrepreneurial skills by earning our [Cookie Business badges](#), [Cookie Entrepreneur Family Pin](#), and [Financial Literacy badges](#) year after year.

Before your entrepreneurs open shop, be sure to check out the cookie section of your council's website:

<https://www.girlscoutshh.org/en/members/for-girl-scouts/for-cookie-sellers.html>

and our [helpful troop leader resources](#) that will empower you to:

- Manage your troop's funds.
- Learn how Girl Scouts participate in money-earning activities.
- Discover how your troop can reach its financial goals.
- Plan activities to help Girl Scouts earn cookie pins and badges.
- Understand just how much your Girl Scouts are capable of and [how their entrepreneurial skills progress](#).

Girl Scout Cookie History

What started with Girl Scouts selling home-baked cookies to raise money grew into enlisting professional bakers in 1936 to handle the growing demand—and the rest is history. [Explore Girl Scout Cookie history](#) to find out how cookies have helped build generations of female entrepreneurs and leaders who make the world a better place.



Where Cookie Proceeds Go

After paying for the cost of cookies and materials, [Girl Scout Cookie proceeds stay local](#) and help councils provide Girl Scout programs in science, technology, engineering, and math (STEM), the outdoors, life skills, entrepreneurship, and more—in camps, through leadership training, and in multiple other ways. A portion of the proceeds is directly managed by Girl Scouts, and it's up to them to decide how to invest their troop's share of the earnings.

Your council will provide a breakdown of how cookie program proceeds support Girl Scout activities locally. Please share this information with Girl Scouts and their families so everyone understands how product programs support your local council.

Troop members share in the proceeds from successful product programs; proceeds are not distributed to individual members. Girl Scouts, however, may be eligible for rewards and credits that they put toward council-sponsored camps, programs, and store related credits, or travel experiences. The council plan for rewards applies equally to all participants in the product program activity. Visit the cookie section of your council's website for more information about individual rewards and troop proceeds locally.

Girl Scouts' [Blue Book of Basic Documents](#) ("Owners of Assets") specifies:

"All money and other assets, including property, that are raised, earned, or otherwise received in the name of and for the benefit of Girl Scouting must be held and authorized by a Girl Scout council or Girl Scouts of the USA. Such money and other assets must be used for the purposes of Girl Scouting."

Making s'mores under the stars, creating a lasting impact in your community, or ordering supplies for an eye-opening STEM project... There are limitless ways to put troop proceeds toward dynamic Girl Scout experiences! There are a few things, however, that don't qualify as "purposes of Girl Scouting"—for instance, using troop proceeds to purchase memberships or uniforms for another organization. We encourage all councils to remind their volunteers of this policy in order to avoid diversion of Girl Scout funds.

Girl Scouts Heart of the Hudson's Role

When *you* are set up for success, you're better able to set your Girl Scouts up for success! That's why every year, your council provides trainings and guidelines for conducting the Girl Scout Cookie Program and fall product program, as well as determines how the proceeds and product rewards system will be managed. Check the cookie section of our website:

<https://www.girlscoutshh.org/en/cookies/for-volunteers-cookie-resources-lbb.html> to find the answers you need, in addition to GSHH product program trainings and resources.

Each council also selects the vendors of its choice to provide the products for their product programs. Two commercial bakers are licensed by Girl Scouts of the USA to produce Girl Scout Cookies: [Little Brownie Bakers](#) and [ABC Bakers](#). [Meet the Cookies](#) for additional information on cookie varieties, including nutritional details.

Councils also work with vendors to offer magazine subscriptions, nut and candy products, and more for the fall product program. These companies are [Ashdon Farms](#), [Trophy Nut](#), and [M2 Media Group](#). M2 Media Group provides online tools and activities for Girl Scouts. Check with your council for more details.



Your Role

You help Girl Scouts develop the **five essential skills and think like entrepreneurs**. Your key actions are to:

Motivate participation

- Get Girl Scouts excited about supporting the troop, while keeping participation voluntary.
- Help them choose from the menu of [ways to participate in the Cookie Program](#).

Support goal setting

- Encourage both confident and hesitant sellers to set meaningful [personal goals](#).
- [Foster family partnerships](#) for success; introduce the [Cookie Entrepreneur Family Pin](#) as a resource.

Guide sales opportunities

- Inform Girl Scouts about options: individual sales (in-person and online) and cookie booths.
- Ensure cookie booth locations follow council safety guidelines.

Shift your role as opportunities grow

- Move from hands-on involvement to oversight and support.
- Remember, volunteers and caregivers don't sell; Girl Scouts lead the effort.

Manage finances and records

- Establish a clear accounting system for proceeds and products.
- Keep excellent records and copies of receipts; track all inventory.
- For older Girl Scouts, supervise as they learn record-keeping skills.
- Attend product program trainings to learn systems and tools.

Build a support network.

- Reach out to your service unit product program manager if you need help.
- Consider forming a cookie team to share responsibilities.

Product Program Safety

Safety is the top priority while participating in the Girl Scout Cookie Program and other product programs. Volunteers, families, and Girl Scouts should be familiar with and practice the safety guidelines outlined in local program resources as well as those available in the [troop leader resources](#) section of [girlscout.org](#) and in Safety Activity Checkpoints.

Selling Cookies Online

Before Girl Scouts open their online storefront, they should partner with their troop leader and their family to learn how to safely run an online business.

We know Girl Scouts and their troops are creative, and the Girl Scout Cookie Program provides the perfect opportunity to highlight this creativity. Participants can use vanity URLs to add a creative component to their marketing and learning (e.g., Shana's Cookie Sale or Buy Cookies from Shana). However, troops and individual Girl Scouts cannot use GSUSA's intellectual property (Buy Thin Mints Now or Buy Girl Scout Cookies) as part of a vanity URL.

A few more online safety practices to keep in mind:

- The Girl Scout Cookie Program is a girl-led program; Girl Scouts should always lead online marketing and sales efforts, with the supervision of their caregiver.
- Girl Scouts engaging in online sales and marketing must review and apply the [Digital Marketing Tips for Cookie Entrepreneurs and Their Families](#).
- Girl Scouts, volunteers, and caregivers must review and adhere to the [Girl Scout Internet Safety Pledge](#), the [Digital Cookie Pledge](#), and the product program section of Girl Scouts' Safety Activity Checkpoints resource.



- Posting individual or troop sales links to resale sites (Craigslist, eBay, Facebook Marketplace, etc.) is prohibited.
- Girl Scouts must adhere to all terms and conditions on the Digital Cookie platform.
- Girl Scouts of the USA reserves the right to remove or disable Girl Scouts' Digital Cookie links for any reason, including violation of guidance, inventory fulfillment issues, safety issues, or if sales and marketing activity goes viral and otherwise creates unanticipated disruption.

Additionally, families, Girl Scouts, and volunteers should contact and collaborate with their council and GSUSA in advance of any national news media opportunities tied to their online marketing and sales efforts.

Supervising Girl Scouts While Selling

Remember to always incorporate the buddy system when Girl Scouts engage in product sales. Girl Scouts should not sell or deliver cookies alone.

Adults should provide supervision and guidance for all program levels, and must accompany Daisies, Brownies, and Juniors when they're selling, taking orders, and delivering products. Adults oversee Cadettes, Seniors, and Ambassadors and must be aware of how, when, and where they're selling products. In addition, an adult must be readily available to Girl Scouts when they're participating in product programs. This can be accomplished by having an adult present with them or by having an adult and Girl Scouts exchange telephone numbers.

Preparing for Your Girl Scout Cookie Booth

Cookie booths—which can be thought of as cookie pop-up shops in areas with lots of foot traffic—are a fun way for Girl Scouts to connect with their community and practice their sales pitch with new customers. Booth locations must be approved by councils and facilitated within council jurisdictions, and participants must follow all GSHH guidelines regarding setting up, running, and taking down a booth.

<https://www.girlscoutshh.org/en/cookies/for-volunteers-cookie-resources-lbb.html>

Common types of cookie booths

include: Cookie stand

- A small lemonade-stand-style booth run by a Girl Scout (or Girl Scouts from one household), supervised by their parent/caregiver(s). For safety reasons, two adults are recommended.

Drive-thru

- Set up in a parking lot or open area; customers stay in their vehicles.
- Troops should create a safe lane and keep Girl Scouts away from traffic.
- Typically run by a larger group of Girl Scouts, with appropriate adult supervision.

Standard booth

- Set up at the entrance or exit of a business or retailer.
- Usually run by 2-4 girls, with the appropriate adult supervision.

Girl Scout Product Programs



You can use the below rubric to help you determine whether a given site would make for a successful cookie booth location. (These are best practices, but councils reserve the right to deny a location for any reason.) Remember to follow council guidelines for requesting and approving cookie booth sites.

Must-haves	Nice-to-
✓ Safety focused (visible, well-lit, etc.) ✓ ADA accessible ✓ Space for set up ✓ Schedule alignment ✓ Accessible to underage patrons	✓ Cell service ✓ Options for indoor or outdoor booths ✓ Restrooms ✓ Ease of physical access (parking lot entrance)
Booth should have at least one of the	Exact booth setup location must be one of
✓ Heavy foot traffic ✓ High street visibility ✓ Strong social media presence ✓ Proximity to other high traffic stores or events	✓ Sidewalk space ✓ Entryway/exit space ✓ Drive-thru space

Encourage your Girl Scouts to unleash their creativity—and work on their advertising skills—in making colorful signs and booth decorations that potential customers can't resist! Remind them to be polite and to have their sales pitch ready for interested customers.

And keep in mind:

- Booths where any Girl Scout is not accompanied by their own parent/caregiver require two registered, background-checked Girl Scout volunteers.
- Cookie booths at which all members are under the direct supervision of their own parent/caregiver do not require adults to be registered, background-checked Girl Scout volunteers.
 - Best practice would be to have two adults present in case of accidents or necessary breaks.
 - Parents/caregivers are encouraged to register as volunteers to help support the full experience.

- Certain locations may be inappropriate for younger Girl Scouts based on the standards of your community and could negatively impact the cookie program experience for Girl Scouts and/or negatively impact the Girl Scout brand in the community. For example, Girl Scouts should not sell cookies in or in front of establishments that they themselves cannot legally patronize.
- Additionally, with respect to marijuana dispensaries, we have been steadfastly combating unauthorized uses of the Girl Scout trademark by the cannabis community, which has been marketing—without our authorization—certain cannabis products under our youth-appealing brand. We continue to aggressively fight these unauthorized uses of the Girl Scout brand and hope that our councils and volunteers will join Girl Scouts of the USA's efforts by discouraging cookie booths at such locations.



- Retail sales without Girl Scouts present are not approved by GSUSA. Councils, troops, and Girl Scouts may not sell cookies in a retail space where Girl Scouts cannot be present to market and manage inventory and collect and process payment for cookies. Store employees and/or adults cannot sell cookies on behalf of a Girl Scout or troop.
- Daisies are still learning how to make correct change. Help them handle money as needed, but remember that Girl Scouts make all sales at the booth!
- Keep your customers in the loop and update your baker's software system if you need to cancel or are unable to attend a cookie booth. If not, customers could be routed to cancelled booths as all scheduled booths are available on GSUSA's [Cookie Finder](#)!

For more tips to make your booth a success, check out our [Cookie Booth Essentials \(Spanish version\)](#). For additional information about setting up a booth and safety and security suggestions, consult your council's guidelines.

Contact your council for information on reporting any cookie sale-related incidents.

Cookie Donation Programs

Cookies help Girl Scouts make a big impact in their community! Your council may have an established cookie donation program that allows customers to purchase cookies for donation to an organization by your council. Encourage your troop members to let customers know about these programs—it's a great way for customers to give back to their community, too!

With cookie donations, remember that:

- All cookie donation programs must be approved by your council.
- Donated cookies must stay within the council jurisdiction unless your council has approval from other council jurisdictions.
- Donated products cannot be resold and must be used in a responsible and ethical way.
- Donated products must be used in a way that doesn't undermine the work of councils or jeopardize the integrity of the Girl Scout brand.

Handling Product Complaints

Girl Scout Cookies are well loved and for good reason—it has always been the practice of Girl Scout councils and the bakers to guarantee customer satisfaction. If a customer isn't satisfied with the quality of their cookies for some reason, they can contact the baker at the phone number printed on the side of the cookie package. Troops should notify their council if they're aware of any such customer dissatisfaction. To report any incidents that may occur please use the Girl Scouts Heart of the Hudson online [Incident Reporting \(Form B\)](#).

Recognizing Cookie Sellers in the Media

The Girl Scout Cookie Program has always emphasized entrepreneurial outcomes. It has never been about and does not focus on individual sales results. With this in mind, know that:

- There are many impressive cookie entrepreneurs throughout the U.S., and the Girl Scout Movement will continue to recognize dynamic cookie entrepreneurs for various achievements tied to the Girl Scout Cookie Program and their participation in Girl Scouts.
- Girl Scouts of the USA does not currently track the top seller(s) of Girl Scout Cookies on a national level and does not identify a specific Girl Scout as the number one or "record-breaking" national cookie seller.
- Girl Scout councils should not reference such individuals as "top sellers" in the media. Doing so detracts from the essence of the Girl Scout Cookie Program, which is based on offering members important experiences in entrepreneurship, business, and finance from an early age as well as providing Girl Scouts and local Girl Scout councils with the funds necessary to power amazing experiences and opportunities for Girl Scouts year-round.
- A Girl Scout's or troop's sales link should not be highlighted when speaking to the media. All calls to action should be directed to the Girl Scout Cookie Finder or a council's own cookie finder/map and not a specific individual or troop.
- Volunteers, parents/caregivers, and Girl Scouts may not secure paid media to enhance a troop's or individual's positioning in the media.

Know How Much You're Appreciated



What begins with Girl Scouts speaking up at a troop meeting can go all the way to speaking in front of their city council for a cause they champion—and they'll have your support to thank for it. Your volunteer role makes a powerful difference: Girl Scouts wouldn't exist without volunteers like you. And your first step as a troop leader may lead you to other volunteer opportunities once this year is over.

When you're ready for more opportunities, be sure to let Girl Scouts Heart of the Hudson support team know how you'd like to be a part of Girl Scouts' lives in the future—whether in the same position or in other, flexible ways. Are you ready to organize a series or event? Take a trip? Work with Girl Scouts at camp? Work with a troop as a yearlong volunteer? Share your skills at a council office, working behind the scenes? The possibilities are endless and can be tailored to fit your skills and interests.

Girl Scouts Heart of the Hudson holds an Adult Recognitions event. There are three levels of awards: National, GSHH Council and Service Unit level awards. For more information on nominating and recognizing volunteers and organizations in your Service Unit please see our website link:

<https://www.girlscoutshh.org/en/members/forvolunteers/adultrecongnition.html> for a list of the types of appreciation awards available.

To learn about how Girl Scouts Heart of the Hudson celebrates Volunteer Appreciation Month please visit <https://www.girlscoutshh.org/en/for-volunteers/leaders.html> and check out announcements in GSHH's *Headlines & Happenings* e-newsletters and Rallyhood.

We'll say it again: without our passionate and dedicated volunteers, there would be no Girl Scouting. That's why we celebrate National Volunteer Month every April (including National Volunteer Week the third week of that month) and turn up the party as we ring in **National Girl Scout Leader's Day on April 22.**

What can we say? We love our volunteers!

We know volunteering isn't always easy, especially when you're new to an organization, so we can't **thank you** enough for giving your time and energy to be the mentor and role model your troop needs. Guiding your Girl Scouts—even if you're still figuring things out—is nothing short of amazing.

The important thing to remember is you're not alone. We're in this with you, ready to help and support you every step of the way Thanks again! It's going to be a great Girl Scout year!

Nominations and Endorsements are due annually in the first week of January.



Volunteer of Excellence Pin



Adult Honor Pin



Thanks Badge

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