

Late March 2022

# Starting your Girl Scout Journey

## Girl Sprouts Newsletter

Girl Sprouts is a monthly newsletter for caregivers and school administrators. It introduces you to the fantastic opportunities that await girls as Girl Scout Daisies through information about the program and fun activities girls can do now to ready themselves for Girl Scouts! For more information, contact [customercare@girlscoutshh.org](mailto:customercare@girlscoutshh.org)

The activities brought to you through Girl Sprouts are based on the Girl Scout Promise and Law. You'll find activities that promote positive character development, a love of the outdoors, an understanding of what it means to be a good citizen, and opportunities to be of service to others. The Girl Scout Law helps remind the girls of how they should act every day to make the world a better place!

Daisies are the youngest members of the Girl Scouts. The girls are in grades Kindergarten and First Grade. Pre-k girls who will be entering Kindergarten in Fall 2022 can join as a Daisy starting April 1st and get a head start on her Girl Scout journey.

### At the Daisy level, the girls should have experiences that help them to:

- Identify their own feelings and the feelings of others
- Discuss how their actions and words might make someone else feel
- Identify authority figures and what they do
- Tell someone when their own feelings have been hurt
- Practice good manners
- Ask for help



### Activities/Games:

- **Simon Says** - Play variations of this game where "Simon" wears hats of different authority figures. Only do what is said if Simon is wearing the hat.
- **Mother, May I** - One player is "mother" and stands at one end of the play area with her back to the "children." The children take turns asking "Mother, may I\_\_?" and make movement suggestions such as "take five hops forward." Mother replies with either "Yes, you may" or "No, you may not do that, but you may \_\_ instead." The first child to reach mother wins and gets to be mother for the next game.
- **Red Light, Green Light** - One person is the Leader. When the leader says "green light" the other players move forward. When the leader says "red light" the other players stop. Anyone who doesn't stop goes back to the beginning. The first person to reach the leader gets to be the leader for the next game.

### Craft

Plant or re-pot Daisy flowers to give to parent, teacher, coach, or other person of authority

Starting April 1, rising kindergarten girls can register to become Girl Scouts for this year and NEXT year - all in one for \$35, a savings of \$15. Questions? Contact [customercare@girlscoutshh.org](mailto:customercare@girlscoutshh.org).



**girl scouts**  
heart of the hudson

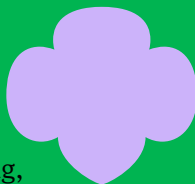
Providing Girl Experiences to girls in Westchester, Putnam, Rockland, Orange, Dutchess, Ulster, and Sullivan Counties.  
[girlscoutshh.org/join](http://girlscoutshh.org/join)

### Girl Scout Promise

On my honor, I will try  
To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law.

### Girl Scout Law

I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong, and  
responsible for what I say and do,  
and to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place,  
and be a sister to every  
Girl Scout.



Choose a staff-led virtual party to attend and or an in-person event to learn about Girl Scouts!

Do fun activities and meet new friends.

RSVP for a fun-filled event today!  
[girlscoutshh.org/joindaisies](http://girlscoutshh.org/joindaisies)

You're invited to our  
**Robot Building Party!**  
FREE for all girls in grades K-3



RSVP TODAY

4/6/2022

6/1/2022

You're invited to our  
**Animal Dance Party!**  
FREE for all girls in grades K-3



RSVP TODAY

5/4/2022