

Summer Adult Learning Academy

Use the course descriptions and course schedule to register for the learning opportunities that best fit your needs.

***Volunteer Essentials**

This course is required for all leaders and co-leaders before meeting with their troop. You'll be introduced to your role and responsibilities as a leader and the resources available to you.

***Sleep In**

This course is required before your troop may participate in an overnight in an indoor facility with running water and electricity. Learn the importance of progression, girl-led planning, and safety. Volunteer Essentials is a pre-requisite for this course.

***Cook out! (\$25 fee covers food and supplies)**

If you're ready for campfires and s'mores, completion of this course permits you to do firebuilding and outdoor cooking with your troop. Volunteer Essentials is a pre-requisite for this course.

***Camp Out (\$15 fee covers supplies)**

This course will permit you to take your troop tent or primitive cabin camping. Learn to prepare your troop for the outdoors and gain the skills to lead your girls in camping activities. Volunteer Essentials, Sleep In, and Cook Out are pre-requisites for this course.

Courses listed on this page are required for your troop to participate in specific activities. Read descriptions carefully.

***First Aid/CPR Certification (\$40 fee covers supplies and certification)**

FA/CPR certification is required for overnights and out-of-council trips, and it's strongly recommended for troop meetings. Learn to respond to pulmonary and breathing emergencies.

Complete an online portion before SALA to complete this "Skills Only" course.

If you register for this course, you will receive a link at least three days in advance of the event to an online class that takes approximately 3 hours to finish.

You must bring your certificate of completion of the online class to the First Aid/CPR course at SALA in order to receive your certification.

FA/CPR courses require that you get up and down from your knees and successfully perform high quality chest compressions and rescue breaths from a kneeling position.

Join us at

ROCK HILL CAMP

for a day or weekend of learning, gaining inspiration, and preparing yourself for a great Girl Scout year!

August 21 & 22, 2021

**Rock Hill Camp
Mahopac, NY**

**Event Registration
Fee:**

\$15.00

Some sessions have additional fees to cover the cost of supplies.

Get a \$5 discount on the event registration fee if you register to attend Cook Out, Camp Out, or First Aid/CPR courses.

Level Training

Dive into detailed information about getting started at your troop's age level. Experienced volunteers facilitate these sessions to prepare you for a successful Girl Scout year. Choose your level: Daisy, Brownie, Junior, Cadette, or Senior/Ambassador.

Jump 2 Journeys

Journeys, Girl Scouts' leadership development programs, guide girls down a path of discovering, connecting, and taking action. Gain confidence in completing a Journey with your girls.

Service Unit Team Session

Volunteers who serve on Service Unit Teams are invited to attend this session to prepare for a great year in the Service Unit.

Fun-Size Sessions

In addition to these, there are many more learning opportunities, including short sessions to get you moving and getting hands-on in between learning sessions. These session opportunities include making kaper charts, learning songs and games, picking up some mental wellness practices, creating ceremonies with your troop, building inclusiveness, having a tea party, roasting s'mores around a campfire, AND MORE!

Other activities during the day that you're invited to attend:

Coffee & Check-In ☆ 8:30- 9:00am

Arrive a bit early in the morning to enjoy coffee or tea while meeting other volunteers. Pick up your goody bag at check-in and get ready for a great day.

New Leader Investiture Ceremony and Lunch

☆ 12:00 - 12:45pm

Be sure to register for this activity!

Receive your official Girl Scout welcome into the role of Troop Leader or Co-Leader at a special memorable ceremony. Lunch will also be served during this time.

NOTICE:

You may register for as many or as few of the courses as you like. Be sure your course times do not overlap. Attendees must complete a full course to receive credit for it.

There is a maximum number of participants that can be accepted in each course due to availability of trainers and space. Register early to secure your place.

Session availability may change due to the minimum number of registrants required for each session.

Girl Scouts Heart of the Hudson - Summer Adult Learning Academy

8:30 AM	Coffee & Check-In					
9:00 AM	Sleep In (9:00-10:30am)	VE (9:00-11:00am)	FACPR (9:00-11:00am) \$40 fee	SUT (9:00-11:00am)	Cadette Level (9:00-10:00am)	
9:15 AM						
9:30 AM						
9:45 AM						
10:00 AM					Senior/ Amb Level (10:00-11:00am)	
10:15 AM						
10:30 AM						
10:45 AM						
11:00 AM	Cook Out (11:00am-3:00pm) \$25 fee					
11:15 AM		Songs & Games (11:15am)	Kaper Charts (11:15am)	Mental Wellness Practices (11:15am)	Family Engagement	
11:30 AM						
11:45 AM						
12:00 PM		Lunch & Investiture (12:00-12:45pm)				
12:15 PM						
12:30 PM						
12:45 PM						
1:00 PM		Daisy Level (1:00-2:00pm)	Brownie Level (1:00-2:00pm)	Building an Inclusive Sisterhood (1:00-2:00pm)	Junior Level (1:00-2:00pm)	
1:15 PM						
1:30 PM						
1:45 PM						
2:00 PM						
2:15 PM		GS Tea Party Talk: Girl Retention (2:15) \$3 fee	Managing GS Accounts (2:15-3:00pm)	Advanced Tie-Dye (2:15-3:00pm) \$3 fee	Ceremonies (2:15-3:00pm)	
2:30 PM						
2:45 PM						
3:00 PM						
3:15 PM						
3:30 PM	Camp Out (3:30-7:30pm) \$15 fee	Sleep In (3:30-5:00pm)	FACPR (3:30-5:30pm) \$40 fee	Campfire Treats Talk: Restarting After Covid (3:30-4:45pm) \$3 fee	VTK & gsLearn (3:30-4:30pm)	
3:45 PM						
4:00 PM						
4:15 PM						
4:30 PM						
4:45 PM						
5:00 PM						
5:15 PM		Conflict Mediation (5:15-6:15pm)			Jump 2 Journeys (5:15-6:30pm)	Girl-Led (5:15-6:00pm)
5:30 PM						
5:45 PM						
6:00 PM						
6:15 PM						
7:15 PM						
7:30 PM						

Don't forget to include the Investiture Ceremony and Lunch if you plan to attend them.

Girl Scouts Heart of the Hudson - Summer Adult Learning Academy

SUNDAY

9:30 AM	Cook Out (9:30am-1:30pm) \$25 fee	V/E (9:30-11:30am)	FACPR (9:45-11:45am) \$40 fee	Daisy Level (9:30-10:30am)
9:45 AM				
10:00 AM				
10:15 AM				
10:30 AM				
10:45 AM				
11:00 AM				
11:15 AM				
11:30 AM				
11:45 AM				
12:00 PM				
12:15 PM				
12:30 PM				
12:45 PM				
1:00 PM				
1:15 PM				
1:30 PM				
1:45 PM				
2:00 PM	Camp Out (2:00-6:00pm) \$15 fee	Cadette Level (12:00-1:00pm)	FACPR (12:15-2:15pm) \$40 fee	Brownie Level (11:00am-12:00pm)
2:15 PM				
2:30 PM				
2:45 PM				
3:00 PM				
3:15 PM				
3:30 PM				
3:45 PM				
4:00 PM				
4:15 PM				
4:30 PM				
4:45 PM				
5:00 PM				
5:15 PM				
5:30 PM				
5:45 PM				
6:00 PM				



Once you've selected your schedule of courses, [register for SALA on our website!](#)

There is a \$5 event discount if you register to attend Cook Out, Camp Out, or First Aid/CPR courses.

Your Course Schedule:	
Course Name:	Course Time: