

Make Your Own Salt Dough

Supplies Needed: 3 cups flour, 1 cup salt, 1 cup water (plus up to 1/2 cup extra water, if needed), food coloring (optional), electric mixer, drinking straws (optional), parchment paper or aluminum foil

1. Mix the flour and salt together in a bowl.
2. Add 1 cup of water to the flour mix. To make colored dough, add 15 drops of food coloring to the water before mixing it into the dough.
3. Use the electric mixer to mix the dough on medium speed until a ball forms. If the dough is dry, slowly add water (1 tablespoon at a time) until the dough comes together.
4. Remove the dough; knead it until smooth.
5. Form the dough into disks and make your impressions. If you want to hang your finished project, use a straw to poke a hole at the top.
6. With adult help, preheat the oven to 275 degrees. Bake dough pieces on a foil - or parchment paper lined cookie sheet for 2 hours. Cool completely before handling.

